

Workshop for Commissioners Court
November 23, 2010
Agenda Item No. 36

The Fort Bend County Clinic Committee will present an informative workshop that describes an Employee Health and Wellness Clinic Option to provide optional medical services exclusively to county employees, their dependents, and retirees. If approved, the new clinic will offer a range of health and wellness services such as primary health care, health screenings, biometric screenings that measure cholesterol, blood pressure, weight, and height; vaccinations, medical advisory services, laboratory services, preventive care support, health education, disease management, allergy injections and more. Services provided by the clinic will be free to all county health insurance plan members.

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Employee Healthcare & Wellness

November 23, 2010
Commissioners Court Workshop

Status Update

RFP Solicitation developed and issued by FBC

Responses evaluated by Committee

Two firms were elevated to contract negotiations phase

Best and Final offers received, Concentra elevated to final contract phase

Agreement and scope of services developed and finalized

Key Factors of Importance

The goals of this on-site program are to improve access to quality health and wellness services while promoting preventive and well-patient programs. It is an additional option for plan participants to enjoy.

No change to our Third Party Administrator (Boon Chapman), Plan Design (Plan A or B, Medicare Supplement Plan) or existing Pharmacy Plan.

Clinic will be financed by the Fort Bend County Employee Benefits Fund and Administered by a 3rd Party Contractor, thereby protecting the integrity of patient health information.

Eligible Users and Cost to Patients

- All Fort Bend County Employee Benefit Plan Participants
- Employees
- Dependents (ages 5 and older)
- Retirees

Eligible Users will receive clinical services where the deductible and co-pay are waived

A list of formulary generic pharmaceuticals may also be filled for free if the prescription is written at the Clinic.

Those that are not a Benefit Plan Participant will still be able to use the clinic at a set fee. In addition, they will be responsible for any diagnostic or lab testing.

Scope of Services

Episodic Acute Care and Extended
Episodic Care

Employee Assistance Program
Integration and Coordination

Wellness Services

Behavioral Health Integration and
Coordination

Laboratory and Biometric
Screenings

Referral Services

Preventive Care Support

Allergy Injections

Health Education

Emergency Response Support

Disease Management

Some occupational Health Services

Maternity Management

Staffing Model & Hours of Operation

Physician (20 Hours Per Week)

One Full Time Physician
Assistant/Nurse Practitioner

Two Full Time Medical
Assistants (one of which must be
bilingual in Spanish)

One Full Time Health Specialist
(RN)

Monday & Friday

7:00 AM-3:00 PM

**Tuesday, Wednesday, and
Thursday**

10:00 AM-6:00 PM

Cost Benefit Analysis

Majority of Year 1 investment is cost of Build-Out

The County will begin to realize a savings in Year 2 and break-even in year 5

Very conservative utilization projections

Over a 10 year period, we anticipate a savings of over \$3.7 Million.

Most importantly, research indicates that a well run clinic will increase the overall health and quality of life of employees.

Location & Next Steps

Looking at existing options of County owned space that may become available upon the completion of the Justice Center

Today, We are requesting Commissioners Court authorize a contract with Concentra to provide primary, prevention, and wellness health services