2021 NEAFCS Annual Session Grand Rapids, Michigan AGENDA

(Updated 8/2/2021. This document is a working document and subject to change.)

MONDAY, NOVEMBER 1, 2021

12:30 PM

National Pre-Board Meeting

4:00 PM - 6:00 PM

Registration & Hospitality Table Open

TUESDAY, NOVEMBER 2, 2021

7:00 AM - 5:00 PM

Registration/Silent Auction Drop Off

8:00 AM - 2:00 PM

Hospitality Table Open

8:00 AM - 11:00 AM

Pre-Conference Workshops (continental breakfast provided at 7:30 AM to workshop attendees) (separate registration required)

Values Driven Leadership and Working Towards A Vision for Common Good *Presenter: Ritchie Harrison*

Effective leaders not only need the skills to perform their jobs and navigate daily interactions, but they also must possess an awareness for the influence their actions can create for shaping an improved vision for the future. The workshop will help participants broaden their knowledge and understanding for the key leadership skills and values that can empower self and others.

For more than 14 years, the Great Lakes Leadership Academy (GLLA) has promoted positive change, economic vitality, and resource conservation to enhance the quality of life in Michigan by encouraging leadership for the common good. GLLA believes that great leaders are individuals who use their skills to improve organizations and communities

Learning Objectives:

- Broaden knowledge and understanding for the key leadership skills and values that can empower self and others.
- Learn effective strategies for working across differences
- Identify core values to create a greater sense of satisfaction
- Create synergy between values, vision, and impact
- Improve interactions in conversations and dialogue with others
- Increase feelings of inspiration, drive, and enthusiasm

Turning Points: A Narrative Approach for Capturing, Writing and Presenting Interesting Impact Statement

Presenter: Jennifer Strauss

For generations, the human brain has been hardwired for story. We think, learn and retain information in images that our brain translates into meaning. If you want to make a point, leave an impression, explain a process, or gain the support or stakeholders, storytelling is the most powerful tool. Three parts of the brain are activated by "story"; knowledge, emotion and imagination. By including Personal Narrative in your impact statements, you will achieve greater outcomes.

In this workshop, Narrative Consultant and Storyteller, Jenifer Strauss will share her Turning Points Narrative Process. Participants will not only understand the brain science behind "story", but they will also be given a model and framework for including personal narrative in impact statements.

Learning Objectives

- Become familiar with the Turning Points Narrative Process.
- Understand the brain science behind "story"
- Leave with a model and framework for including personal narrative in impact statements.

11:30 AM - 2:30 PM

Lunch on own

11:15 AM - 12:45 PM

First Timer Orientation & Lunch

12:45 PM - 2:15 PM

Affiliate Officer Meetings

3:00 PM - 5:30 PM

Opening General Session

Sharpening our DEI Lens for Personal, Institutional and Community Change Dionardo Pizaña, Diversity, Equity and Inclusion Specialist, Michigan State University Extension

The excellence, relevance, strength and very survival of organizations in a richly diverse world requires a commitment by the organization and all its members to sharpen and sustain our collective commitments to diversity, equity and inclusion. These commitments must take place at the personal, interpersonal, institutional and cultural levels, to help inform and transform our work, our outcomes and our relationships with self and others.

How do we honor and hold complexity and paradoxes? Work toward moving from transactional to authentic and connected relationships? Connect our resources with the assets and wisdom of our most marginalized communities? And help to address historical and current systemic inequities and build our legacies of shared power, equity and inclusion. Come along on this

lifelong journey of personal and professional growth for we have important and life-giving work to do.

Learning Objectives:

- Work toward moving from transactional to authentic and connected relationships
- Learn to connect your resources with the assets and wisdom of our most marginalized communities
- Help to address historical and current systemic inequities and build our legacies of shared power, equity and inclusion.

6:00 PM - 8:00 PM

Welcome Event Grand Rapids Public Museum

WEDNESDAY, NOVEMBER 3, 2021

6:30 AM - 7:15 AMWellness Activities

7:00 AM - 4:00 PM

Registration/Silent Auction Drop-off

8:00 AM - 11:00 AM

Hospitality Table Open

8:00 AM - 8:45 AM

Concurrent Sessions

Concurrent Session 1 - Extension Disaster Education Award - Preparing for the Cascadia Subduction Zone Event

Track: Award – Trending Topics
Presenter(s): Glenda Hyde

State: OR

A NIFA Smith-Lever Special Needs Competitive Grant was secured to help the Pacific Northwest become aware and prepared for the M9.0 earthquake and resulting tsunami through an online learning system.

Concurrent Session 2 – Empowering the Resilient Paraprofessional

Track: Trending Topics

Presenter(s): Angela Hinkle, Rachel Biderman, Pamela Bradford, Danielle De Vries-Navarro

State: FL

This state-wide effort identified new and sudden knowledge and technology skill gaps among paraprofessionals during pandemic social distancing. We served our audience, collectively recognizing new approaches to delivering nutrition education.

Concurrent Session 3 – Virtual Financial Education during COVID-19 Pandemic: Building State Partnership for Significant Statewide Outcomes.

Track: Financial Management Presenter(s): Michael Elonge

State: MD

County research-based low-income household financial education attracted state government partnership for statewide virtual education during the COVID-19 Pandemic. Participants would learn from the program planning, design, implementation, and significant outcomes.

Concurrent Session 4 – Just for the Health of It: Home Edition

Track: Food and Nutrition

Presenter(s): Rebecca Hardeman, Keishon Thomas, Diandria Barber

State: GA

Just for the Health of It: Home Edition is a unique program that meets today's nutrition education needs by providing the latest research-based information to a wide-range of diverse audiences.

Concurrent Session 5 – The Nation's Attention is Investing in The Early Childhood Professional Workforce. Why Extension Educators Should take Notice and Join the Conversation.

Track: Child Care/Child Development/ Parenting

Presenter(s): *Marie Economos*

State: OH

Examine with us the key components, research and strategies necessary to create a vibrant early childhood professional workforce ready to meet all young children in core areas of development.

Concurrent Session 6 – Responding to the Mental/Emotional Impact of Social Isolation and Loneliness on Older Adults During the COVID-19 Pandemic

Track: Life Span Development

Presenter(s): Sara Richie, Ruth Schriefer

State: WI

Access to resources, tools and best practices built capacity within individuals, families, and communities in responding to and mitigating impacts of social isolation and loneliness during the COVID-19 Pandemic.

Concurrent Session 7 – Storybooks and STEM

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development

Presenter(s): Sarah Roberts, Jackie Steffen

State: NE

Building upon the Collaborative Summer Library Program, this new early childhood resource brings the excitement of literacy and STEM to children, families and early childhood educators.

Concurrent Session 8 – Mixing in Everyday Mindfulness into Extension Programs

Track: Health: Emotional, Mental, Physical and Substance Use **Presenter(s):** Sean Knurek, Holly Tiret, Nicole Wethington

State: MI

This session will focus on one Extension's efforts to include concepts of mindfulness knowledge and skills in a variety of programs with a goal of improving mental health of participants.

Ignite Round 1

#1 Wellbeing Bingo: A 'whole person' employee centered approach to Employee Wellness Program

Track: IGNITE - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Angelika Keene, Kelly Freno

State: FL

To help lower health care costs, the educator worked with the county health care provider to provide a no-cost wellness activity that incorporates the 5 pillars of well-

being.

#2 Team Creates Brave Space to Increase Racial Understanding and Foster Connections Online with 168 Extension Colleagues

Track: Ignite – Trending Topics

Presenter(s): Crystal Tyler-Mackey, Glenn Sturm, Thomas Woodson

State: VA

Nationwide cries against racial injustice escalated as COVID-19 hindered in-person gatherings. Our Coming Together for Racial Understanding team collaborated with Everyday Democracy as first Extension system to hold dialogues online.

#3 Mental Health Issues for Farmers, Their Families, and Their Communities

Track: IGNITE - Teaching/ Program Development/Leadership/Community and Economic Development

Presenter(s): Matthew Brosi, Jordan Shuler, Shannon Ferrell

State: OK

A presentation on the development and delivery of The Mental Health Issues for Farmers, Their Families, and Their Communities video program and dissemination to rural and professional audiences.

9:00 AM - 9:45 AM

Concurrent Sessions

Concurrent Session 1 – Financial Management Award in Memory of Dean Don Felker - USE LESS, SPEND WI\$E Challenge: Promoting Comprehensive Family Resource Management

Track: Award – Financial Management **Presenter(s):** *Nichole Huff, Kelly May*

State: KY

Learn about a FRM initiative designed to help constituents increase consumer mindfulness. Participants explored ways to "use less, spend less, and stress less" while maximizing their resources, budgets, and relationships.

Concurrent Session 2 – Diversity Ignite Session and Forum (PART 1)

Track: Committee

Presenter(s): Ashley Dixon (AZ), Samantha Kennedy (FL), Lesa Rauh (OK), Diana Romano (OK), Crystal Tyler-Mackey, PhD (VA)

Ignite session, followed by a presenter forum, to highlight Extension diversity initiatives being conducted throughout the country.

Concurrent Session 3 – How Much House Can I Buy? Teaching Housing Affordability in Online Home Buyer Workshops

Track: Sustainable Living

Presenter(s): Cyndi Longley, Lisa Hamilton, Katherine Allen, Halie Corbitt, Judy Corbus, LuAnn Duncan, Sarah Ellis, Johanna Gomez-Gonzalez, Terri Keith, Laurie Osgood, Natasha Parks, Jenny Rodriquez

State: FL

First-time homebuyers need to understand how debt-to-income ratio affects housing affordability and approval for a home mortgage loan. This session will provide three teaching techniques for agents.

Concurrent Session 4 – Community Partnership Award Winner - At-Home Activity Packets for Youth During COVID-19 Pandemic

Track: Award - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Bethany Bachmann

State: MO

This presentation will highlight a project designed to reach youth in southeast Missouri during the early stages of the pandemic when the local schools were closed without plans for virtual education.

Concurrent Session 5 – Helping Families Stay Active during a Pandemic Utilizing Facebook Groups

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Hannah Guenther, Mariah Newmyer, Donnia Behrends, Beth Nacke

State: NE

During the pandemic, Facebook groups proved successful in motivating youth and their families to stay active. This session will highlight best practices for implementing a virtual running club.

Concurrent Session 6 – Kids Cooking and Baking Schools Go Virtual

Track: Food and Nutrition

Presenter(s): Julie Garden Robinson

State: ND

Conference participants will 1) gain knowledge of the methods to reach children and families; 2) explore pieces of the food/nutrition curriculum; and 3) know how to apply similar techniques.

Concurrent Session 7- How mentoring programs can impact success in Extension

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development

Presenter(s): Lisa McCoy

State: MD

Mentoring programs can help new employees achieve success in their Extension careers. Learn what the literature reveals about their purpose, structure, and value as well as tools to evaluate them.

Concurrent Session 7- Cognitive Interviews: A Valuable Tool for Writing Effective Survey Questions and Understanding Your Participants and Community Stakeholders

Track: Trending Topics

Presenter(s): Katherine Speirs, Courtney Aldrich, Carrie Shrier, Courtney Luecking, Audrey Rider, Kyleigh Sullivan, Jodi Nerren

State: AZ

This program is for anyone who wants to improve their programmatic surveys. We will explore cognitive interviews, an easy and inexpensive method for writing effective survey questions.

Ignite Round 2

#1 Parental Marital Transitions During Adolescence: Experiences with Supportive Resources and Relationships in the Context of the Rural-Urban Spectrum

Track: IGNITE - Child Care/Child Development/Parenting **Presenter(s):** Carrie Krug, J. Mitchell Vaterlaus, Brianna Routh

State: MT

This qualitative study identified young adults' (n=47) experiences with supportive resources and relationships as they adapted to a parental marital transition during adolescence within urban, suburban, and rural communities.

#2 Virtual Parenting during COVID-19

Track: IGNITE - Child Care/Child Development/Parenting

Presenter(s): YaeBin Kim

State: NV

Virtual parenting services have been provided to families during COVID-19 while we can't meet face-to-face. We used several online tools such as Zoom, Facebook, and YouTube to share parenting information.

#3 Early Childhood/Child Care Training Award - Success with Safe Food = Healthy Kids

Track: IGNITE - Food Safety/Food Security

Presenter(s): Kara Lynch, Laurie Messing, Lisa Treiber

State: MI

Safe Food = Healthy Kids is a comprehensive food safety program for childcare providers. MSU Extension shares their accomplishments educating childcare providers and how you can access this curriculum.

9:00 AM - 11:00 AM

Life Member Meeting

10:00 AM - 10:45 AM

Concurrent Sessions

Concurrent Session 1 – Food Safety Award - The Power of your Pantry

Track: Award – Food Safety/Food Security

Presenter(s): Angie York, Cecelia Hostilo, and Jill Harris

State: KY

Offered during the onset of the pandemic, the three part "Power of your Pantry" series highlighted ways to create nutritious meals using items on-hand in your kitchen, refrigerator, and pantry.

Concurrent Session 2 – Diversity Ignite Session and Forum (PART 2)

Track: Committee

Presenter(s): Ashley Dixon (AZ), Samantha Kennedy (FL), Lesa Rauh (OK), Diana Romano (OK), Crystal Tyler-Mackey, PhD (VA)

Ignite session, followed by a presenter forum, to highlight Extension diversity initiatives being conducted throughout the country.

Concurrent Session 3 – Online Homebuyer Education: Tapping into an Untapped Market for Financial Management Programming

Track: Financial Management

Presenter(s): Melanie Jewkes, Stacy Abbott, Teresa Hunsaker, Ellie Hansen

State: UT

With increased demand for online education, Utah State University Extension online homebuyer education course helps consumers nationwide implement financial strategies and make informed decisions regarding personal finances and housing choices.

Concurrent Session 4 - Teaching Children Foundational Life Skills

Track: Child Care/Child Development/ Parenting

Presenter(s): Christy Stuth, Jennifer Argyros, Ashley Dixon, Debbie Curley

State: AZ

Teaching parent's child behavior management techniques to develop children's foundational life skills. Strategies and tools can be used in Extension programming to increase behavior changes and impact.

Concurrent Session 5 – Adding Greater Depth to Programming Using the Mindfulness Activity Guide for Adults

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Erin Jewell, Dhruti Patel, Amy Rhodes

State: MD

Educators can add greater depth to existing programs and promote emotional resilience and overall well-being among communities by incorporating mindfulness activities from the Mindfulness Activity Guide for Adults.

Concurrent Session 6 – Collaboration = The Secret Ingredient for a Healthier Childcare Environment

Track: Food and Nutrition

Presenter(s): Dawn Earnesty, Tyler Becker, Shelley Frazier

State: MI

Collaboration between community and federal organizations led to the success of the Multi-Level Healthier Childcare Environment policy, system and environmental intervention to improve nutrition behaviors in childcare homes.

Concurrent Session 7 - Milk Run 5k (The greatest run there never was)

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development **Presenter(s):** Jana Anderson, Jenny Rodriguez, Virgilia Zabala, Melinda Souers

State: FL

The Milk Run 5K promotes physical activity for families while increasing awareness of Extension. This session will cover logistics for planning, implementing, and evaluating Extension-based races, successes and lessons learned.

Concurrent Session 8 – Maintaining Relationships by Meeting the Needs of Mandated and Underserved Participants During a Pandemic

Track: Trending Topics

Presenter(s): Roseanne Scammahorn, Misty Harmon

State: OH

Educators create engaging environments, overcome obstacles, and reshape court-mandated instruction, and programming for underserved audiences, to meet the needs of the communities while maintaining existing relationships during the pandemic.

Ignite Round 3

#1 Expanding Extension's Healthy Lifestyle Outreach During the Pandemic in 2020

Track: IGNITE - Trending Topics

Presenter(s): Joanne Kinsey, Rachel Tansey

State: NJ

Live Well, Work Well, Stay Healthy was successful using virtual outreach methods (text messages, newsletters, online video) to educate Rutgers employees in 2020 to relieve the stress of work-from-home restrictions.

#2 Family Health and Wellness Award - Healthy Georgia Wellness Curriculum

Track: Award - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Susan L. Moore, Rachel Stewart, Georgeanne Cook, Joan Koonce, Lisa Jordan, Rachel Hubbard, Denise Everson, Kisha Faulk, Jacquelyn Ogden, Ali Berg

State: GA

A grab and go health and wellness curriculum with fifteen lessons designed to improve participants' physical, cognitive and emotional well-being in order to lead healthier, happier and less stressful lives.

#3 Human Development and Family Relationships Award - The Literacy Link: Building relationships in justice-involved families through reading.

Track: Award - Teaching/ Program Development/ Leadership/Community and Economic Development

Presenter(s): Elizabeth Lexau

State: WI

The Literacy Link partnered with jails, family agencies, and public and tribal libraries to connect children and parents in justice-involved families through literacy-rich experiences and environments.

11:15 AM - 1:15 PM

Regional Business Meetings & Awards Luncheon

1:00 PM - 5:00 PM

Exhibitor Set-up/Silent Auction Set-up

1:30 PM - 5:30 PM

In-Depth Sessions, (separate registration required)

In-Depth Session 1 – An Apple a Day...Grown in West Michigan

Track: Food and Nutrition, Food Safety, Community and Economic Development Tour the apple industry in West Michigan. Michigan ranks #3 in apple production. See a cold storage and packing facility as well as stop at a local farmer's market.

In-Depth Session 2 - Art and Horticulture in West Michigan

Track: Horticulture

Take a tour of Frederick Meijer Gardens and sculpture park. The Sculpture Park features significant works of art within a variety of natural settings connected by waterways, meandering paths, lawns, meadows and quiet walkways. Within the Sculpture Park's 30 acres is one of the most comprehensive collections of outdoor sculpture in the world. Two permanent attractions of interest to Family and Consumer Educators include the Lena Meijer Children's Garden and the Michigan's Farm Garden. Ranked in the top 100 most-visited art museums worldwide by Art Newspaper, the leading publication in global art news, Frederik Meijer Gardens & Sculpture Park has grown to become an international destination. The sculpture program features more than 200 works in the permanent collection sited both indoors and outdoors on the 158-acre main campus.

In-Depth Session 3 - Grand Rapids Art Scene

Track: Sustainable Living: Textiles, Clothing, Housing, Environment)

Take a very short walk (2/10 of a mile-5 minute) to the Grand Rapids Art Museum to take part in a guided tour of their collection. This tour will also include an art-making workshop. If time allows and weather permitted, we will also take a short walk around the Museum and conference center to view some of the Art Prize permanent installation. *The art making workshop topic TBD. Depends on who they have available to teach.

In-Depth Session 4 - Grand Rapids Furniture Making Traditions: Past and Present

Track: Sustainable Living: Textiles, Clothing, Housing, Environment; Community and Economic Development

Learn about high-quality furniture making from a century ago until today in Grand Rapids. Tour both historical exhibits and a site where educators create inspiring learning environments to meet the changing needs of students and teachers.

In-Depth Session 5 – Town, Lighthouse, and Lake Tour

Track: Community and Economic Development

Take a tour of one Michigan's lakeside towns, Holland, Michigan. Learn about downtown development, tourism and the history of this Dutch settlement. This tour will also visit the shores of Lake Michigan with a visit at the Big Red lighthouse, one Michigan's many Great Lake lighthouse.

In-Depth Session 6 – Fifth Third Ballpark

Track: Community and Economic Development, Entertainment

Fifth Third Ballpark has been a part of the West Michigan community and home to the West Michigan Whitecaps Minor League Baseball Team since 1994. In recent years, the 10,000 seat facility has become an entertainment destination for anything from a business meeting for 20 to a full-scale company picnic for 8,000.

In-Depth Session 7 – Founders Beer University Student Tour

Track: Food & Beverage

Grand Rapids is home to Founders Brewing Company which opened its doors in 1997 by Mike Stevens and Dave Engbers- who share passion for entrepreneurship and beer-making. Founders Brewing Co. has grown to become the largest brewery in the state of Michigan with taprooms in Grand Rapids and Detroit, and distribution in all 50 states. Your tour will include catwalk views of the production facility along with a Q&A session with various employees from admin and

production departments. Beer is a great connector of people, and the taproom is just the place to share stories and enjoy Founders Brewing Co. beer. Cheers!

In-Depth Session 8 – Grand Rapids Downtown Market

Track: Community and Economic Development, Food and Nutrition, Food Safety Learn about the incubator kitchen and how local businesses utilize it at the Grand Rapids Downtown Market. Shop for tea, coffee and other delicacies at over 25 businesses in the market hall. Learn about the sustainable green building that makes up the Downtown Market. See pieces of art from Art Prize. Learn how MSU Extension has partnered with the market. After touring the market meet entrepreneurs who have worked with the MSU Product Center to develop their food products from home based to now retail. Learn how they developed their specialty products, where their ideas came from and best of all sample their products. Some of these products may be for sale.

In-Depth Session 9 – Michigan ACES Initiative

Track: Child Development/Child Care/Parenting

Virtual ACES Training the Michigan ACE Initiative is focused on raising awareness about Adverse Childhood Experiences and developing trauma-informed, healing organizations and communities across the state.

6:00 PM (or after) State's Night Out

THURSDAY, NOVEMBER 4, 2021

6:30 AM - 7:15 AM Wellness Activities

7:00 AM - 11:00 AM

Exhibitor Set-up/Silent Auction Set-up

7:00 AM - 4:00 PM

Registration Open

8:00 AM - 1:00 PM

Hospitality Table Open

8:00 AM - 4:00 PM

FCS Program Leaders Meeting Day 1 (Special registration required. Breakfast and lunch included.)

8:00 AM - 8:45 AM

Concurrent Sessions

Concurrent Session 1 – Innovation in Programming Award - Driveway Walk-a-Weigh: A Socially Distanced In-Person Program During COVID-19

Track: Award - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Brad Averill

State: GA

Driveway Walk-a-Weigh provided program participants with a socially distanced, safe learning environment to enhance nutrition and wellness education and to inspire the establishment of regular physical activity.

Concurrent Session 2 – Committee

Track:

Presenter(s):

State:

Concurrent Session 3 – Extension's Innovative Initiative to Educate Older Adults about Non-Pharmacological Approaches to Pain Management and Opioid Misuse Prevention

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Dawn Contreras, Christi Demitz, Georgina Perry, Sean Knurek, Holly Tiret, Pamela

Daniels
State: MI

The session focuses on an initiative to reduce pain and opioid misuse in older adults. Program activities will be described, and project evaluation and funding will be highlighted.

Concurrent Session 4 - Best practices for Building a Virtual Program That Works!!

Track: Technology and Social Media **Presenter(s):** *Dhruti Patel, Lisa McCoy*

State: MD

This session focuses on best practices of building a sound framework that ensures learned-centered virtual educational programs. Presenters will also share an overview of the training content and outcomes.

Concurrent Session 5 – Family Consumer Sciences Agent works with Farmers and Community Partners to Provide Access to Affordable Produce

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development **Presenter(s):** *Natasha Parks*

State: FL

FCS agents work with farmers and community partners to provide access to affordable, fresh, local produce. Learn the different approaches to support community and economic development in an urban setting.

Concurrent Session 6 – Balancing Life Series Equips 2600 Adults with Tools to Navigate Family, Work and Personal Challenges in a Pandemic

Track: Trending Topics

Presenter(s): Crystal Tyler-Mackey

State: VA

Adults face unprecedented decision-making needs regarding acquiring food, avoiding coronavirus, schooling children while working, and managing stressors associated with COVID-19, politics, and racial injustice. Our highly-effective webinar series provides support.

Concurrent Session 7 – Hooking consumers on the Dietary Guidelines for American's seafood recommendations

Track: Food and Nutrition

Presenter(s): Christine Zellers, Joanne Kinsey

State: NJ

Seafood is a healthy, under consumed recommendation in the Dietary Guidelines for Americans. To address this deficiency a program was developed to create awareness of production, nutrition, and health benefits.

Concurrent Session 8 - Once Lost, Now Found: FIND - A Solution to Reduce Clutter

Track: Sustainable Living

Presenter(s): Susan Moore, Laura Smith, Diane Bales, Pamela Turner

State: GA

The Healthy Homes curriculum FIND (Focusing on Important Necessities in Your Dwelling) was developed to help people reduce clutter to improve personal well-being and create a safer home environment.

Ignite Round 4

#1 Creating a Technology-Based Learning Community for Youth

Track: IGNITE - Technology and Social Media

Presenter(s): Wendy Lynch, Heather Janney, Kimber Sarver, Nicole Crawson, Brandi

Yancy, Jessica Emerson, Daniel Gonzalez, Sandy Hernandez, Allison Leo

State: FL

A statewide, cross-disciplined collaboration developed a virtual learning community to provide youth a healthy living summer camp focusing on emotional well-being using digital learning strategies and tools.

#2 Take Action, Don't Lose Qualification for Public Service Student Loan Forgiveness

Track: Financial Management Presenter(s): Dorothy Nuckols

State: MD

Employees of public and nonprofit organizations are eligible for Public Service Loan Forgiveness and have student debt balances paid by the federal government. Know how to qualify, not lose out.

#3 Excellence in Multi State Collaboration Award - Creating a Technology-Based Learning Community for Youth

Track: Award – Technology and Social Media

Presenter(s): Wendy Lynch, Heather Janney, Daniel Gonzalez

State: FL

A statewide, cross-disciplined collaboration developed a virtual learning community to provide youth a healthy living summer camp focusing on emotional wellbeing using digital learning strategies and tools.

9:00 AM - 9:45 AM

Concurrent Sessions

Concurrent Session 1 – Innovative Youth Development Program Award - Virtual Farm to You: Overcoming Youth Education Barriers Through a Different Lens

Track: Award – Food and Nutrition

Presenter(s): Jenni Klufa, MS, RD, LD and Becky Brown

State: OK

The pandemic brought our interactive Farm to You travelling exhibit to a halt. Recognizing the new normal future impact, we developed Virtual Farm to You: an engaging virtual exhibit.

Concurrent Session 2 – Committee

Track:

Presenter(s):

State:

Concurrent Session 3 – Healthy Aging Intervention to Maintain Independence and Slow Sarcopenia

Track: Life Span Development

Presenter(s): Wendy Lynch, Jana Anderson

State: FL

Reducing risk of sarcopenia is essential to maintaining independence as we age. This session will provide steps to implement an evidence-based, strength training program for older adults.

Concurrent Session 4 – Understanding Internet Information Usage among Parenting Newsletter Website Users

Track: Child Care/Child Development/ Parenting **Presenter(s):** YaeBin Kim, Silvia Vilches, Anne Clarkson

State: NV

A national network of Extension Specialists has developed and delivered research-based, agepaced parenting newsletters via email and website to provide parents with timely and relevant information about their child's development.

Concurrent Session 5 - Kids in the Kitchen Virtual Cooking Club

Track: 4-H and Youth Development

Presenter(s): Zoe Soltanmammedova, MaryBeth Hornbeck, Siew Guan Lee

State: GA

Kids in the Kitchen Virtual Cooking Club is a hands-on, virtual program that teaches youth and their families nutrition, food safety, and cooking skills to increase self-efficacy in the kitchen.

Concurrent Session 6 – How to Implement a Trauma Informed Care State Team

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Bridget Britton, Jami Dellifield, Amanda Raines, Candace Heer, Laura Stanton, Kathy Tutt, Misty Harmon, Lorissa Dunfee, Whitney Gherman, Courtney Woelfl, Imani Scruggs, Sandra Allison, Steve Brady, Karima Samadi, Ken Stewart, Alisha Barton, Frances Foos, Marissa Mulligan, Grace Peach-Storey, Travis West, Joseph Maiorano

State: OH

This session introduces you to Trauma 101, suggestions for creating a statewide Trauma-Informed Care team, and collaborating within extension and community agencies to educate Individuals who have experienced trauma.

Concurrent Session 7 – Dining with Diabetes Goes Virtual!

Track:

Presenter(s):

State:

COVID-19 forced states to get creative with Dining with Diabetes. Join the National Dining with Diabetes Leadership Team and learn tips and tricks to delivering DWD in a virtual platform.

Concurrent Session 8 – USU Extension's COVID-19 Messaging Campaigns Show Impact and Reach Through Strong Collaborations

Track: Trending Topics

Presenter(s): Gabriela Murza, Melanie Jewkes, Celina Wille, Cynthia Lyman, Emma Parkhurst, Ashley Yaugher, Tim Keady, Paige Wray, Teresa Hunsaker, Mike Whitesides, Dennis Hinkamp

State: UT

USU Extension collaborated with partners to create and disseminate COVID-19 health guidance via media campaigns and on-the-ground efforts to reach impacted communities. Results showed improvements in awareness, attitudes, and behaviors.

Concurrent Session 9 – Safe Food = Healthy Kids: Food Safety for Childcare Providers

Track: Food Safety/Food Security

Presenter(s): Kara Lynch, Laurie Messing, Lisa Treiber

State: MI

Food Safety education for childcare providers is critical. Learn about Safe Food = Healthy Kids, including best practices for food safety at childcare and how-to implement this curriculum locally.

Concurrent Session 10 – Impact of Extension and Outreach on STEAM Education and Career Goals of School Students

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development

Presenter(s): Lila Karki

State: MD

A post evaluation of 116 students engaged in the STEAM program demonstrated positive impact of Extension's outreach on students' career goals through the EXERT (Extension Education and Research Track) program.

10:00 AM - 10:45 AM

Concurrent Sessions

Concurrent Session 1 – Mary W. Wells Memorial Diversity Award National Winner - The Aging Mastery Program Alleviates Ageism

Track: Award – Life Span Development

Presenter(s): Renee Koenig and Mary Ann Schilling

State: WI

Ageism is a growing form of discrimination. This presentation will describe methods to implement the Aging Mastery Program to support older individuals and reduce the stigma of aging.

Concurrent Session 2 – Impact Challenge: Fashion with a Purpose

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development **Presenter(s):** Cheryl Kaczor, Dana Wright, David Roberts, Lauren Prinzo, Carrie White, Colleen Moretz, Angela Uriyo

State: WV

The "Impact Challenge: Fashion with a Purpose" program is a replicable model that combines fashion, entrepreneurship, and community engagement to enable students to have a positive impact on their communities.

Concurrent Session 3 – Culture and Resilience of Farmers

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Alexander Chan, Maria Pippidis, Bonnie Braun, Laurie Wolinski

State: MD

Extension agents provided a professional development series for clinicians on the culture of farmers. This series helped clinicians identify and respond to the most relevant mental health issues for farmers.

Concurrent Session 4 – Soup to Nuts: Home Care and Maintenance Education Goes Virtual

Track: Financial Management

Presenter(s): Lisa Hamilton, LuAnn Duncan, Katherine Allen, Jenny Rodriguez, Johanna Gomez, Judy Corbus, Sarah Ellis, Cyndi Longley, Halie Corbitt, Terri Keith, Natasha Parks, Laurie Osgood **State:** FL

Home care and maintenance education covers many topics. A team of Extension agents developed a comprehensive, compact, and visually engaging 30-minute presentation for online programming.

Concurrent Session 5 – Helping couples during COVID and beyond: A statewide initiative to disseminate evidence-based relationship education programming

Track: Trending Topics

Presenter(s): Karla Belzer, Cheri Burcham, Tessa Hobbs-Curley, April Littig, Melissa Bramlet, Susan Sloop, Judy Schmidt, Sheri Merry, Dr. Allen Barton

State: IL

This session describes a new statewide initiative to disseminate evidence-based relationship education programming through Extension services, balancing scientific effectiveness with population-level reach to achieve substantial public health impact.

Concurrent Session 6 – Teen Cuisine @ Home: A Remote Cooking Program for Teens from Limited-Resource Families during the COVID-19 Pandemic

Track: 4-H and Youth Development

Presenter(s): Stephanie Diehl, Elena Serrano, Sarah Misyak, Tonya Price

State: VA

Learn to implement Teen Cuisine @ Home in your community to successfully improve critical thinking and practical skills of youth and improve food security and dietary quality through remote education.

Concurrent Session 7 – Extension Extras: Development of a suite of programs for parent education, professional education, and family engagement in a virtual environment

Track: Child Care/Child Development/ Parenting **Presenter(s):** Courtney Aldrich, Carrie Shrier

State: MI

Learn about responsive resources developed to support parents, families, early childhood professionals and community partners in the pandemic environment using virtual programming, digital resources, and take-home kits.

Concurrent Session 8 – Support School Gardening Throughout the School Year—September through May!

Track: Food and Nutrition

Presenter(s): Carol Smathers, Timothy McDermott

State: OH

Learn to support food and nutrition education through schoolyear gardening, applying research-based leadership concepts. Delve into September-May garden cycles, resources needed, and indoor and outdoor growing techniques appropriate for schools.

Concurrent Session 9 – Master FCS Volunteer Program Award - Evoking Change: UMD Extension FCS Master Money Mentors Volunteer Training

Track: Award – Financial Management

Presenter(s): Dorothy Nuckols, Crystal Terhune

State: MD

UME's MMM program trains volunteers to strengthen their own personal finance skills, gain enjoyment in helping others, and help low to moderate income individuals to improve or develop their positive financial behaviors.

Ignite Round 5

#1 Environmental Education Award - Environmentally Friendly Tablescapes

Track: Award – Trending Topics

Presenter(s): Angie York

State: KY

In an effort to minimize the amount of household waste put into landfills by home redecoration, a lesson was taught implementing an environmentally friendly approach to home décor and remodeling.

#2 Educator of the Year Award ()**

Track: Award -

Presenter(s): Melinda Hill

State: OH

Melinda serves with a focus on using assets to build strong families and increase their financial wellness. She advocates for mentoring, clear communication and teamwork to offer empowerment through education.

11:00 AM - 11:30 AM

Exhibitor Orientation

11:00 AM - 11:45 PM

Concurrent Sessions

Concurrent Session 1 - Mary W Wells Memorial Diversity Award Regional Winners

Track: Award - Teaching/ Program Development/ Leadership/Community and Economic Development

Idaho's Coming Together for Racial Understanding

Presenter(s): Surine Greenway, Jackie Amende, Andrew Bingham, Nic Usabel, Sendy Martinez

State: ID

Racial understanding trainings were implemented between 2018-2021 in Idaho. Over 300 participants reported an increase in racial and ethnic relations awareness and to better and more equitably serve diverse audiences.

Information Everyone Can Understand

Presenter(s): Ivelisse Colón

State: NC

During the pandemic, Ivelisse joined efforts with county organizations and agencies providing food safety information that was translated into seven languages, to inform and educate her county's diverse community.

Concurrent Session 2 – Committee

Track:

Presenter(s):

State:

Concurrent Session 3 – Understanding the Needs of Low Income Audiences

Track: Financial Management Presenter(s): Catherine Sorenson

State: MD

This session presents results from a focus group of low-income audiences and their perceptions of finance classes. Participants will learn to tailor education to the needs of this audience.

Concurrent Session 4 – Victory2020 Garden Growth Through Partnership

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development

Presenter(s): Halie Corbitt, LuAnn Duncan, Heather Janney

State: FL

Extension efforts were able to reach over 225,000 participants in the areas of gardening, well-being, food safety, history, and careers through a highly cross-programmatic collaboration in a virtual format.

Concurrent Session 5 – Pickleball for Sedentary Mid-Life and Older Adults in Rural Utah: A Pilot Study

Track: Life Span Development

Presenter(s): Callie Ward, Paige Wray, Cindy Nelson, David Bolton, Chris Dakin, Brennan

Thompson, Debasree DasGupta, Matthew Vierimaa, Sandra Sulzer

State: UT

Suicide Prevention Training for Supporters of the Farm Community

Concurrent Session 6 – Suicide Prevention Training for Supporters of the Farm Community

Track: Health: Emotional, Mental, Physical and Substance Use **Presenter(s):** David Brown, Dawn Dunnegan, Danielle Day

State: IA

Have you been contemplating writing an award? Are you looking to submit an award that shines? Then join us for "Logistics, Learning, and Language" to learn how to submit an awarding winning application.

Concurrent Session 7 – Socially Distant Wellness Activity Programs: Celebrating Wellness During a Pandemic

Track: Health: Emotional, Mental, Physical and Substance Use **Presenter(s):** *Kristin Bogdonas, Susan Glassman, Lisa Peterson*

State: IL

Increasing physical activity and eating well can be challenging despite a global pandemic. This session will explore four wellness programs piloted in 2020 to improve social connectedness while apart.

Concurrent Session 8 – How to Pull an Audience to your Session: An Analysis on Conference Data

Track: Trending Topics

Presenter(s): Andrew Bingham, Jackie Amende-Lewis, Surine Greenway

State: ID

The 2020 NEAFCS virtual session provided an opportunity to collect data on session activity. By analyzing this data, valuable findings were identified including key variables that contribute to well-attended sessions.

Ignite Round 6

#1 Engaging Youth in Entrepreneurship

Track: IGNITE - Financial Management **Presenter(s):** *Jesse Ketterman, Ashley Travis*

State: MD

Educators from 4-H, FCS, and Agriculture collaborated to expose youth to animal science focused entrepreneurship. The youth learned to develop and implement a business plan using a value-added commodity.

#2 Public Housing Resident Advisers and Money Management Education: The Effect on Tenant Rental Evictions (**)

Track: IGNITE- Financial Management

Presenter(s): Michael Elonge

State: MD

This program provides money management education to public housing resident advisers as an enhancement to help tenants in need of assistances to pay rent timely to prevent evictions.

#3 Marketing Package Award - Fill Your Pantry: Home Food Preservation

Track: Award – Technology and Social Media **Presenter(s):** *Diane Reinhold and Jenna Smith*

State: IL

Illinois Extension educators reached 1.8 million with their marketing efforts for the Fill Your Pantry: Home Food Preservation webinar series and 31 Days of Home Food Preservation social media campaign.

12:00 PM - 4:00 PM

Exhibit Hall Grand Opening (Boxed Lunch Provided)
Silent Auction Open

Showcase of Excellence Displays Open

12:30 PM - 4:30 PM

Exhibit Forums

1:30 PM - 3:30 PM

Annual Business Meeting

4:00 PM

Silent Auction Bidding Closes

4:30 PM - 5:30 PM (4:10 bus departure)

Leadership Event (Invitation Only)

Downtown Marketplace

6:00 PM (or after)

State's Night Out

FRIDAY, NOVEMBER 5, 2021

6:30 AM - 7:15 AM

Wellness Activities

7:00 AM - 2:00 PM

Registration Open

7:30 AM - 8:30 AM

2022 Annual Session Planning Committee Meeting

8:00 AM - 10:00 AM

Exhibit Hall Open (Continental Breakfast Provided)

Exhibit Forums

Showcase of Excellence Displays Open

8:00 AM - 11:00 AM

Hospitality Table Open

8:00 AM - 2:00 PM

Grand Rapids Marketplace

8:00 AM - 3:00 PM

FCS Program Leaders Meeting Day 2 (Special registration required. Breakfast and lunch included.)

9:00 AM - 10:00 AM

2023 Annual Session Planning Committee Meeting

10:00 AM - 12:00 PM

Exhibitor Move-out

Concurrent Sessions

Concurrent Session 1 – Extension's Role In improving Soldier Readiness Through Strategic Partnerships

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Virgilia Zabala, Wendy Dahl, Suzanne Fundingsland, Kimiko Griffin, Lori Johnson,

Twyla Leigh, Brenda Marty-Jimenez, Amy Mullins, Andrea Nikolai, Karla Shelnutt

State: FL

Extension can play an integral role in meeting the needs of the geographically dispersed military service members and their families, thus helping to improve mission readiness of the total force.

Concurrent Session 2 - Building Empathy in the Workplace

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development **Presenter(s):** Debbie Curley, Christy Stuth, Jennifer Argyros, Ashley Dixon

State: AZ

Seeking ways of improving workplace climate and culture after a year of quarantine? Learn concrete skills for empowering people in the workplace.

Concurrent Session 3 – Program Excellence Through Research Award - Barriers that Prevent Program Participants from Completing EFNEP Program Food Talk Sessions

Track: Award - Teaching/ Program Development/ Leadership/Community and Economic Development

Presenter(s): Rhea Bentley, Ines Beltran, Susan Moore, LaZavia Grier, LaKeisha Levi ,Cindee Sweda

State: GA

UGA EFNEP program supervisors from six rural and urban counties in Georgia conducted the qualitative study "Barriers that Prevent Program Participants from Completing Expanded Foods and Nutrition Education Program (EFNEP) Food Talk Sessions.

Concurrent Session 4 – You ARE a SUPERHERO! (But that doesn't mean you can't say NO!)

Track: Trending Topics

Presenter(s): Jami Dellifield, Amanda Raines, Tori Kirian

State: OH

Our abilities and skills are diverse and impactful, but we have our weaknesses as well. Superman has Krypronite and the extension superhero faces burnout and stress that impact job performance.

Concurrent Session 5 – Bestowing Children with Superpowers

Track: Child Care/Child Development/ Parenting **Presenter(s):** Allison Hillis, Barbara Beaulieu

State: IN

HERO'S Story Time is a reading and activity program promoting preschoolers' social emotional development focused in the 40 Developmental Assets by supporting teachers and families with curriculum guides and newsletters.

Concurrent Session 6 - Taking a New Look at Fermented Foods

Track: Food and Nutrition Presenter(s): Donna Krug

State: KS

There is renewed interest in preparing fermented foods in your kitchen. A fact sheet, leader's guide and teaching videos will show how to make tasty ferments with reported health benefits.

Concurrent Session 7 – When Your Health Insurance Plan Says No: How to Avoid, Prevent, and Solve Surprise Conflicts

Track: Sustainable Living

Presenter(s): Dorothy Nuckols, Lisa McCoy, Jesse Ketterman, Catherine Sorenson, Maria Pappidis

State: MD

Conflict resolution is stressful, especially when health and finances are at stake. Health insurance disputes usually arise from claim denials or surprise bills. Learn how to resolve and avoid them.

Ignite Round 7

#1 Garden to Table Lessons Learned

Track: IGNITE - Teaching/ Program Development/Leadership/Community and Economic

Development

Presenter(s): Christine Zellers

State: NJ

To encourage healthful eating patterns a gardening and nutrition education program was designed on garden to table living. Lessons learned from this program will provide professionals with resources and examples.

#2 School Wellness Award - Be Physically Active 2Day!

Track: Award - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): *Katie Ahern*

State: OR

The Balanced Energy Physical Activity 2.0 Toolkit is a low-cost, evidence-based resource developed specifically to support obesity prevention efforts in low-income educational environments. Educators receive training to provide programming that fit their needs.

#3 SNAP-Ed/EFNEP Educational Program Award - LIFTing Health in the South-Central District of North Carolina

Track: Award - Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Rhonda Peters and Der Holcomb

State: NC

Using the LIFE curriculum (developed by Virginia Cooperative Extension), agents in four counties partnered to improve people's physical activity and nutritional intake through face-to-face programming and virtual delivery during COVID.

11:00 AM - 2:00 PM

Silent Auction Winners Announced/Pick-Up

11:15 AM - 12:00 PM

Concurrent Sessions

Concurrent Session 1 - Financial Management Education in a COVID World

Track: Financial Management

Presenter(s): Laurie Osgood, Lisa Hamilton, Natasha Parks, Johanna Gomez-Ramirez, Jennifer

Rodriguez, Cindy Longley, Halie Corbitt, Judy Corbus, Sarah Ellis

State: FL

For many Americans homeownership is an essential part of the American Dream. However, building credit and purchasing a home a can be overwhelming. We offer on-line financial management education.

Concurrent Session 2 – Mental Health First Aid (MHFA) - Paving the Way to Increased Awareness and Reduced Stigma

Track: Health: Emotional, Mental, Physical and Substance Use

Presenter(s): Jacqueline Amor-Zitzelberger, Cynthia Pollich, Denise Continenza, Maria Tejada,

Rozalia Horvath, Darlene Sansone

State: PA

The MHFA curricula is an evidence-based program that teaches how to identify and respond to signs of mental health and substance use challenges. Learn about trainer certification and more.

Concurrent Session 3 – Cooking "Online" Matters: Taking Cooking, Nutrition, or Food Safety Classes Online Works

Track: Teaching/ Program Development/ Leadership/ Community and Economic Development

Presenter(s): Lisa Barlage, Debra Calvin, Denise Scharfetter, Johnna Miller

State: OH

Discover how this Team took the hands-on "Cooking Matters" nutrition, meal planning, and food preparation curriculum and piloted it to be a successful online course with homework.

Concurrent Session 4 – Successful Face-to-Face Programing in a Covid World

Track: Trending Topics
Presenter(s): Cindy Nelson

State: UT

Learn strategies for holding safe face-to-face programs for youth and families in a Covid world. Understand what nonpharmaceutical Interventions (NPI) are and how to effectively minimize risk of disease transmission.

Concurrent Session 5 – Development and Implementation of a Parenting Program for Parents of Lead Exposed Children

Track: Child Care/Child Development/ Parenting

Presenter(s): Carrie Shrier, Kevin Zoromski, Anne O'Rourke-Bean, Patti Marrs

State: MI

Learn about the development and implementation of a parenting education program for parents of lead-exposed children with a paired child-focused program, as well as adaptations made for the coronavirus pandemic.

Concurrent Session 6 – Social Media Education Award - Using Social Media for Programming - "Walk N Talk – Rethink Your Drink!"

Track: Award – Technology and Social Media

Presenter(s): Jocelin B. Villarreal, Druann Benavides, Jessica E. Faubion, & Nicole Demmer

State: TX

Due to COVID, the FABLOW AgriLife team acted quickly and created an online version of Walk N Talk: Rethink Your Drink! using social media. Learn the different techniques and platforms used to implement their online program.

Concurrent Session 2 – Committee

Track:

Presenter(s):

State:

Ignite Round 8

#1 Public Housing Resident Advisers and Money Management Education: The Effect on Tenant Rental Evictions

Track: IGNITE- Financial Management

Presenter(s): *Michael Elonge*

State: MD

This program provides money management education to public housing resident advisers as an enhancement to help tenants in need of assistances to pay rent timely to prevent evictions.

11:00 AM - 1:00 PM

National Post-Board Meeting/Wrap-up Lunch

11:45 AM - 1:45 PM

Past National President Luncheon and Meeting (Off-site)

1:30 PM - 4:00 PM

Committee Meetings

5:00 PM - 6:00 PM

President's Reception

6:00 PM - 8:00 PM

Closing General Session & Awards Banquet

8/3/2021 Executive Board



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Annual Session



President

Dianne Gertson
Texas A&M AgriLife Extension Service
1402 Band Rd, Suite 100, Rosenburg, TX 77471

Phone: (281) 342-3034 Term Ends: 11/2021



Tue Nov 2, 2021

NEAFCS 2021 Annual Session

Category: NEAFCS Events

Mon Sep 12, 2022

NEAFCS 2022 Annual Session

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Mon Sep 11, 2023

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President-Elect

Susan Routh
Oklahoma Cooperative Extension Service
611 SW C Ave., Lawton, OK 73501

Phone: (580) 355-1176 **Term Ends:** 11/2021

Immediate Past President

Roxie Price