



**Age+Action** is the premiere national conference focused on ensuring every person's right to age with their best possible health and economic security. The event will bring together 800+ professionals from across the country who are dedicated to making aging well possible for all of us. Attendees will include members and grantees of NCOA's National Institute of Senior Centers (NISC), Center for Healthy Aging, and Center for Benefits Access.

**Nominate a Trailblazer in Aging!**

Do you know a leader or organization working to empower every person to age well? Nominate them for one of the Trailblazer in Aging Awards! Nominations are open through Feb. 28.

[Nominate](#)

### Why should you attend?

Aging is changing -- and the aging network must change, too. Join in a national conversation to define what it means to age well today, how we can measure our impact as a network, and ways we can scale what works to improve the lives of millions. You will leave inspired by big ideas and empowered with practical solutions for your community.

This year's event also will take a close look at women and their aging experience. Many women face a wider economic security gap as they age. But women are also the decision makers in their households. They are action-oriented, searching for solutions, engaging in activities, and seeking social interaction as they age. Learn more about women and aging and discover how to better meet the needs of older women in your community.

### Highlights of the conference include:

- Plenaries focused on the aging experience for women
- Educational sessions featuring best practices in evidence-based healthy aging programs, benefits outreach and enrollment, and senior center programming
- Awards recognizing leaders who champion older adults

[Register](#)



- Capitol Hill Day to educate your members of Congress
- Networking and social events
- Expo Hall
- And more!

Ready to register? Get started now!



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Thank you to the sponsors of the 2019 Age+Action Conference!

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Questions about the conference? Email us at [conference@ncoa.org](mailto:conference@ncoa.org)