



Registration is now open for the 2018 NANASP/NCOA's NISC Joint Conference in Charleston, SC. Once again, these two groups are coming together to provide high quality annual training for individuals working with aging, senior center and nutrition services -- three concentrated days of education, networking and advocacy. Get insights, ideas and strategies to help your program succeed in these challenging times. The 2018 Joint Conference is appropriate for nutrition and senior center directors, nutritionists, social workers, agency directors, volunteer coordinators, development managers, site managers, board members, suppliers/vendors -- anyone involved with meals and other services for the aged.

When Wednesday, June 6, 2018 10:00 am - Friday, June 8, 2018 2:00 pm

Where Charleston Marriott
USA

Dress Code Business Casual

[View Conference Summary](#)

[View Conference Agenda - Review Before Registering](#)

Registration Deadline Wednesday, June 6, 2018

[Register Before May 12th to Receive Discount Rates](#)



nanasp
National Voice. Local Action.



National Council on Aging

NANASP/NCOA's NISC 2018 Joint Conference

Schedule of Events

The 2018 Joint Conference with NANASP and NISC will bring together a unique group of professionals for three days of networking, education, and advocacy. Join us as we explore various ways to enhance the success of senior center and nutrition providers, through better understanding of emerging and innovative ideas in resource development and marketing; health and nutrition; organizational development and operations and advocacy.

Tuesday, June 5, 2018

10:00 am - 3:00 pm	NISC Nt'I Accreditation Peer Reviewer Training - REGISTRATION REQUIRED! (NISCPEERREVIEW)	
11:00 am - 3:00 pm	Senior Center Sites Tour - Tour 2 Accredited Centers - REGISTRATION REQUIRED! (PS-SCSiteTour) Tour two Accredited Senior Centers - Lowcountry Senior Center & the Town of Mt. Pleasant's Stokes-Marshall Senior Center	
2:00 pm - 5:00 pm	NCOA AMP Meeting - Followed by Dinner at 6:00 - REGISTRATION REQUIRED! (PS-AMP) For current AMP Sites Only	

Wednesday, June 6, 2018

General Session

1:00 pm - 2:00 pm	Opening General Session (GS1) <i>Lance Robertson, Administrator and Assistant Secretary for Aging Administration for Community Living (ACL)</i> Lance Robertson was appointed to serve as Assistant Secretary for Aging and ACL's Administrator on August 11, 2017. His vision for ACL focuses on five pillars: supporting families and caregivers, protecting rights and preventing abuse, connecting people to resources, expanding employment opportunities, and strengthening the aging and disability networks. His leadership in the fields of aging and disability began in Oklahoma, where he served for 10 years as the Director of Aging Services within the state's Department of Human Services. Prior to that, he spent 12 years at Oklahoma State University, where he co-founded the Gerontology Institute and served as the executive director of the nation's largest regional gerontology association. Asst. Sec. Robertson earned his undergraduate degree from Oklahoma State University and a master of public administration degree from the University of Central Oklahoma, and he is a veteran of the United States Army.
2:15 pm - 3:15 pm	General Session 2: (GS2) Lisa Ryerson, President AARP Foundation (Invited)
3:30 pm - 4:30 pm	General Session 3: NANASP/NISC Stronger Together: Reframing Aging Overview/Response (GS3) Bob Blancato, James Firman, Lynn Fields Harris and Tracey Colagrossi
4:45 pm - 5:45 pm	General Session 4: Facilitated Roundtable Sessions (GS4)
6:00 pm - 7:30 pm	Opening Reception (OPEN-REC)

Thursday, June 7, 2018

8:00 am - 9:00 am	Continental Breakfast/Visit with Exhibitors
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General Session

9:15 am - 10:15 am	General Session 5: (GS5) <i>Elizabeth White, Advocate, Consultant</i> <i>Author of Fifty-Five, Unemployed and Faking Normal</i> At 60 years of age, White found herself in dire financial straits. You wouldn't have guessed by looking at her, but as she approached the traditional age for retirement, the Harvard graduate was severely underemployed and unable to afford even basic necessities. White chronicled her story in her new book, <u><i>Fifty-Five, Unemployed and Faking Normal</i></u> , which has since become a
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	<p>popular TEDx Talk. One of White's key ideas for surviving income instability is "resilience circles" of friends who can serve as support and refuge in vulnerable times. Since writing her book, White has become an advocate for victims of America's retirement income-security crisis, working as a consultant and speaker to advocate for those who find themselves in situations like hers.</p>
11:00 am - 12:00 pm	<p>Diversity Matters: The Role of Community Based Organizations in Bridging Cultural Divides (GS6)</p> <p>Americans of all ages are increasingly diverse, racially and ethnically. According to the Population Reference Bureau, over the next 40 years, the share of non-Hispanic white older adults will drop from 78% to 54%. Senior centers and community-based aging services organizations including nutrition service providers can play a critical role in bridging racial divides in their community by welcoming older adults of all backgrounds—and by serving as a catalyst to educate and increase understanding across cultures. The session will provide an overview of the demographic shifts in the aging population and will present tools and resources to help organizations meet the changing population we serve.</p>
12:00 pm - 1:30 pm	<p>Exhibit Hall Lunch</p>
1:45 pm - 2:45 pm	<p>Concurrent Breakout Sessions 7A-7E (B07A-7E)</p>
1:45 pm - 2:45 pm	<p>Advocacy: Successes, Struggles, and How to Speak Out For (and With) Seniors (B07D)</p> <p>Nutrition services providers, senior centers, and other community-based organizations that work directly with older adults and their caregivers have a unique role to play to ensure policymakers understand the perspectives and needs of the seniors they represent. NANASP and NCOA collaborated on a survey this spring of our memberships to learn more about your understanding of advocacy, the activities you're engaging in to give voice to seniors, and the obstacles you're facing. This workshop will share the key themes revealed by the survey, highlight lessons learned by local centers and providers, and explain the importance of advocacy in upcoming policy debates affecting the services and benefits seniors rely on.</p> <p><i>Marci Phillips, Director of Public Policy and Advocacy National Council on Aging (NCOA) Arlington, VA</i> <i>Meredith Ponder Whitmire, NANASP Federal Policy and Advocacy Manager Washington DC</i></p>
1:45 pm - 2:45 pm	<p>Screening and Intervening: Addressing Food Insecurity Among Seniors (B07B)</p> <p>Research shows that food insecurity — even marginal food security — is detrimental to health and well-being of seniors. Research also demonstrates the critical role of the Supplemental Nutrition Assistance Program (SNAP) and senior nutrition programs in improving nutrition and health for older adults. Learn how to identify food insecurity, connect vulnerable seniors to the federal nutrition programs, how to fight against threats to these programs, and ways to facilitate community partnerships .</p> <p><i>Alexandra Ashbrook, Director, Special Projects & Initiatives Food Research & Action Center Washington, DC</i> <i>Erin Kee, Senior Program Manager National Council on Aging (NCOA) Arlington, VA</i></p>
1:45 pm - 2:45 pm	<p>Senior Nutrition Program Evaluation: What You Should Know and Why You Should Care (B07A)</p> <p>Laying the framework to properly evaluate program efforts is a key part of planning. Evaluation findings can help you learn what works, improve your program, and demonstrate your success to funders, clients, and community partners. This presentation highlights best practices in assessing trends, barriers, and best practices in senior nutrition programs with the ultimate goal of increasing participation and improving client satisfaction. The presentation focuses on how best to assess key performance indicators, and provides tips on how to successfully measure impacts through evaluative tools such as scorecards and dashboards.</p> <p><i>Melinda Forstey, Chief Administrative Officer Serving Seniors San Diego, CA</i> <i>Paul Downey, President & CEO Serving Seniors San Diego, CA</i></p>
3:00 pm - 4:00 pm	<p>Concurrent Breakout Sessions 8A-8E (B08A-8E)</p>
3:00 pm - 4:00 pm	<p>Hidden at Home: Uncovering and Addressing the Needs of Home Delivered Meal Clients through Care Mana (B08D)</p> <p>Come and learn about the program that one public agency implemented in the NCOA LTSS certification process. In delivering care management to one of its most at-risk populations, it's Home Delivered Meal clients, valuable lessons were learned about how the social determinants of health truly impact those they serve. These clients, while some of the most fragile they encountered, were also the richest in lessons provided.</p> <p><i>Blair Craddock, Health Promotion Manager Camarillo Health Care District Camarillo, CA</i></p>

3:00 pm - 4:00 pm	<p>Providing Genuine Volunteer Appreciation Without Breaking the Bank! (B08C)</p> <p>Volunteers are a vital resource for non-profit organizations and they must feel that their efforts are appreciated and their time given to an organization worthwhile. On-going and genuine heartfelt appreciation is the best way to retain and expand your volunteer teams but doing so does not have to break your budget. Staff, clients, and other community organizations can participate in providing thoughtful tokens of appreciation throughout the year that will keep volunteers energized and appreciated.</p> <p><i>Gerald Patesel, Vice President Community Services Peninsula Agency on Aging, Inc. Newport News, VA</i> <i>Lisha Mullen, Nutrition Assistant Peninsula Agency on Aging Newport News, Virginia</i></p>	
3:00 pm - 4:00 pm	<p>ReFrame Aging: Building Momentum Workshop (B08B)</p> <p>Wednesday's plenary discussion with Jim Firman and Bob Blancato will feature the ReFrame Aging initiative overview. This session acts as Building Momentum workshop. Participants will learn effective ways to communicate about their work and aging, navigating cultural models and addressing ageism. Participants will work individually and in small groups, to embrace the dynamic of their work in the aging field.</p> <p><i>Lynn Fields Harris, Executive Director Center in the Park Philadelphia, PA</i> <i>Tracey Colagrossi, Director Hanover Township Senior Services Bartlett, IL</i></p>	
3:00 pm - 4:00 pm	<p>Rethinking Economic Security and the Role of Senior Centers (B08E)</p> <p>Nationally, more than 25 million older adults are economically insecure. Many low-income seniors struggle to pay for out-of-pocket medical expenses, utility bills, food, housing, and transportation. Older persons at risk have to go to many different offices, fill out multiple application forms, and subject themselves to various intake and assessment processes. Learn more about resources and tools from NCOA's Center for Benefits Access to assist your members in the benefits application process; how senior centers are replicating a successful national model to expand the role and the impact of senior center services and how Banner Olive Branch Senior Center's Benefit Enrollment Center helps seniors improve their economic security.</p> <p><i>Leslie Fried, NCOA Senior Director, Center for Benefits Access</i> <i>Genevieve Waterman, NCOA Program Associate, Economic Security</i> <i>Carol Zernial, WellMed Charitable Foundation Executive Director</i> <i>Ivy Glinski, Banner Health Director of Banner Olive Branch Senior Center</i> <i>Kathleen Gross, Banner Olive Branch Senior Center/Banner Health</i></p>	
4:15 pm - 5:15 pm	<p>Concurrent Breakout Sessions 9A-9E (B09A-9E)</p>	
4:15 pm - 5:15 pm	<p>A Path to the Future of Senior Services: One Community's Journey (B09C)</p> <p>In 2017 the City of Amarillo, Texas and its partners in the public and private service network launched a strategic effort to examine senior citizen services and develop a public sector led approach to serving the community's growing senior population. The Project Coordinator, Senior Services Consultant, and Design Specialists who helped to shape a vision for a more effectively coordinated service network with a new City-owned Active Adult Center at its nucleus, will co-present.</p> <p><i>Ellen Gallow, Senior Center Planning & Design Specialist Lifespan Design Studio, Loveland, OH</i> <i>Douglas Gallow, AIA, Senior Center Design Specialist Lifespan Design Studio, LLC, Loveland, OH</i> <i>Jill Jackson-Ledford, MSW, Executive Director Our Lady of Mercy Community Outreach Charleston, SC</i> <i>Linda Pitner, Coordinator of Senior Services, City of Amarillo, Amarillo, TX</i></p>	
4:15 pm - 5:15 pm	<p>Federal Policy Update: Older Adult Malnutrition (B09A)</p> <p>This session will provide a comprehensive overview of the latest regulations, legislation and other policy debates surrounding older adult malnutrition in 2018. Come join us to discuss the Farm Bill, the future of the Older Americans Act, funding for programs combating malnutrition, malnutrition care transitions policies, and more! Participants will be able to 1) describe the issue of older adult malnutrition and its basic symptoms and causes and 2) discuss programs that help prevent malnutrition and their funding outlook.</p> <p><i>Robert Blancato, Executive Director National Association of Nutrition and Aging Services Programs (NANASP) Washington DC</i> <i>Meredith Ponder Whitmire, Federal Policy and Advocacy Manager National Association of Nutrition and Aging Services Programs (NANASP) Washington DC</i></p>	
4:15 pm - 5:15 pm	<p>Fostering Strategic Partnerships to Support Evidence-Based Program (B09B)</p> <p>The Administration for Community Living/Administration on Aging has provided funding to state and community-based organizations across the country to implement evidence-based programs focused on chronic disease self-management education (CDSME), falls prevention, physical activity, behavioral health, and more. This session will highlight the successful practices of an innovative senior center in South Carolina and a collaborative area agency on aging in Maine to form partnerships to implement and sustain evidence-based programs. Best practices, lessons learned, and challenges related to developing partnerships with local, state, and health care organizations will be discussed. Materials developed by the National Council on Aging's National CDSME and Falls Prevention Resource Centers to support organizations in implementing, expanding, and sustaining these programs will be highlighted.</p>	

	<p><i>Chelsea Gilchrist, Senior Program Manager National Council on Aging (NCOA) Arlington, VA</i> <i>Jennifer Fortin, Health & Wellness Programs Manager Spectrum Generations Augusta, ME</i> <i>Elizabeth Biggers Bernat, MHA, Director of Senior Services, Roper St. Francis Healthcare</i> <i>Executive Director, Low Country Senior Center</i></p>	
4:15 pm - 5:15 pm	<p>Transforming Nutrition Services to Valued Effective Interventions (BO9D)</p> <p>Minuteman Senior Services shares how we are transforming our nutrition program by defining services, creating effective interventions for high risk groups, using continuous improvement cycles, and moving from process measures to data driven outcomes. We are developing business acumen to illustrate our value proposition to providers/insurers/funders in order to serve more consumers while moving towards financial sustainability. We believe these efforts, if adapted by nutrition programs across the nation, will impact malnutrition and food insecurity.</p> <p><i>Leslie May-Chibani, Assistant Director Minuteman Senior Services, Bedford, MA</i> <i>Jennifer Stiff, Nutrition Program Director Minuteman Senior Services, Bedford, MA</i></p>	
5:30 pm - 7:00 pm	<p>NISC Leo Laks Reception - TICKETS REQUIRED TO ATTEND (NISC-LEOLAKS)</p>	

Friday, June 8, 2018

8:00 am - 9:15 am	<p>NANASP Annual Meeting/Breakfast</p>	
8:00 am - 8:45 am	<p>NISC State Senior Associations Breakfast Meeting</p> <p>State Senior Center Associations strengthen and support professionals, promote awareness and innovation, and excellence in programming that older adults so richly deserve in their lives to age well. Tracey Colagrossi, NISC Chair of the State Associations Team facilitates this workshop geared for members of state associations and for those looking to start one. The session includes information on national programs to consider in your state, National Senior Games, ARC, Seniors and Animal programming from Human Animal Bond Research Institute, and state association leadership information and resources will be available.</p> <p><i>Tracey Colagrossi, NISC Executive Committee Chair State Association Liaison Hanover Township/Association of Illinois Senior Centers, Bartlett, IL</i> <i>Maureen O'Leary, NISC Program Manager National Council on Aging (NCOA), Arlington, VA</i></p>	
9:30 am - 10:30 am	<p>Concurrent Breakout Sessions (10A-10E) (BO10A -10E)</p>	
9:30 am - 10:30 am	<p>Meals in Motion Food Truck (BO10B)</p> <p>A food truck that will benefit the Senior Nutrition Program and the community, by providing meals to under served seniors, enhancing Senior Center events, raising funds for Meals on Wheels and providing job training and placement opportunities for the unemployed. The Meals in Motion Food Truck is an innovative solution to providing Title III meals to under served seniors in senior housing and senior centers not currently providing Title III meals. The Food Truck is also available to senior centers to enhance a special events by providing theme meals and other special menu options. Food Truck bookings at private events such as community festivals and events, breweries, and concerts will directly benefit Meals on Wheels, raising funds to expand the program's capacity. A collaboration between the Title V Program and the Department of Labor will allow the Food Truck to be a training opportunity for those who have an interest in working in the food service industry or are interested in owning their own food truck. The curriculum will include food service training, business and banking classes, truck development, retail training and mentoring by fellow food truck owners. The truck will enable the Senior Nutrition Program to expand menu options by providing breakfast lunch or dinner while providing choice within those options. Meals provided at senior housing building will be scheduled with speakers in the community rooms to encourage socialization.</p> <p><i>Lisa LaBonte, Senior Nutrition Director New Opportunities, Inc. Waterbury, CT</i></p>	
9:30 am - 10:30 am	<p>Starting from Scratch: A Wayfarer's Adventure in Center Development (BO10A)</p> <p>The journey of starting a new senior center, in an area where the need is apparent, seems like a "no-brainer". Bring together those that share your goal, agree upon the mission, and it's all aboard ... or is it? However, the details and derailments, the pain and pleasure that await can impede even the most seasoned adventurous professional. This is a cautionary tale full of adventure: Territorialists, mission absconders, "nay-sayers", divas, pirates, and "negative nellys" abound! Learn about how a small rural community directly addressed the challenges head on - developing a unique equity partnership that sought to bring to fruition a community dream of a senior center - setting out on a journey that required new alliances, untested ideas, and great resilience among the explorers.</p> <p><i>Karla Fales, CEO CareWell Services Battle Creek, MI</i> <i>Richard Lindsey, Vice President Oaklawn Hospital Marshall, MI</i></p>	
9:30 am - 10:30 am	<p>Villages: A National Movement in Support of Aging at Home</p> <p>More than 200 Villages in 45 states are enabling older residents to age at home, avoid isolation, and stay engaged in their community. Get the latest update about this growing</p>	

	<p>national movement of grassroots membership organizations, learn about partnerships between Villages and the aging services network, or how to help start a new Village.</p> <p><i>Mandy Summerson, President</i> <i>Village to Village Network</i> <i>St. Louis, MO</i></p> <p><i>Tony Sarmiento, President</i> <i>Silver Spring Village</i> <i>Silver Spring, MD</i></p>	
11:00 am - 12:00 pm	<p>Building on the Senior Community Service Employment Program: Workforce Development for Everyone Ages</p> <p>Learn about a new venture in workforce development for people ages 50+. Building on the success of SCSEP, Senior Service America's new subsidiary --SSA-Community Partners, Inc. (SSA-CPI) --promotes workforce development for all persons ages 50+ by providing job training and employment opportunities through SSAI's unique community-based partnerships. Learn how your organization can join this initiative.</p> <p>Bob Harootyan <i>Senior Service America, Inc.</i> <i>Silver Spring, MD</i></p> <p>Christine Garland <i>Senior Service America, Inc.</i> <i>Silver Spring, MD</i></p>	
11:00 am - 12:00 pm	<p>Concurrent Breakout Sessions (11A-11E) (BO11A-11E)</p>	
11:00 am - 12:00 pm	<p>Dealing with Dementia: Empowering Professional and Family Caregivers (BO11A)</p> <p>As the number of seniors accepting the challenges of dementia caregiving continues to grow, the Rosalynn Carter Institute for Caregiving is launching a national expansion of their Dealing with Dementia Workshops. Workshops for professional and family caregivers are designed to familiarize attendees to the comprehensive Dealing with Dementia Guide. Covering topics from responding to dementia behaviors, creating dementia friendly life-styles, and stress management, this guide has proven to be an empowering for workshop attendees.</p> <p><i>Gayle Alston, Director:RCI Training Center for Excellence Rosalynn Carter Institute for Caregiving Americus, GA</i> <i>Dr. Leisa Easom, Executive Director Rosalynn Carter Institute for Caregiving Americus, GA</i></p>	
11:00 am - 12:00 pm	<p>Innovation and Efficiency in Senior Nutrition Programs (BO11B)</p> <p>Montco SAAC's congregate meals program was revitalized with participation in the What A Waste project. By combining framework provided by their team with community partnerships, the lunch program blossomed into a dynamic combination of recipe sharing, growing produce, and sharing with neighbors. Staff achieved this with a strategy to partner with a wide variety of community members at multiple sites. This session focuses on best practices for reaching out to your community for sustainable change.</p> <p><i>Whitney Lingle, Associate Director, Executive Director Montco SAAC</i></p>	
11:00 am - 12:00 pm	<p>Supporting Access for Older Adults to Arthritis-Appropriate Evidence-Based Interventions in Local Co (BO11D)</p> <p>Osteoarthritis (OA), the most common form of arthritis, is a leading cause of disability in the U.S. Currently, more than 30 million adults have OA. This number is increasing dramatically, owing to two important OA risk factors: the aging of Baby Boomers and the obesity epidemic. Senior Centers can make significant contributions to addressing this health crisis, by implementing arthritis-appropriate evidence-based interventions, which have been shown to improve the lives of those with arthritis.</p> <p><i>Mary Altpeter, Research Scientist and Project Manager Center for Health Promotion and Disease Prevention at UNC-Chapel Hill and Thurston Arthritis Research Center (TARC) Chapel Hill, NC</i> <i>Serena Weisner, MS, Project Assistant and Freelance Healthy Aging Consultant Thurston Arthritis Research Center / Osteoarthritis Action Alliance Raleigh, NC</i></p>	