

27th Annual IPMBA Conference & Expo

77

















Delaware, Ohio June 5-10, 2017



REASONS TO COME

- Maximize the return on your training dollars.
- Make yourself indispensable to your community.
- Morease the scope and breadth of your bike operations.
- Expand your personal and professional horizons.
- Develop environmentally-friendly patrol procedures.
- Learn from the best, most wellrespected instructors in the field.

www.ipmba.org events@ipmba.org 410-744-2400

Welcome to IPMBA 2017

Read Me First

Now in its 27th year, the IPMBA Conference continues to evolve to serve the changing needs of the public safety cyclists it serves.

In past years, the Conference has been divided into two segments: the conference (workshops), preceded by a series of multi-day training courses (pre-conference courses).

In recent years, many people have enrolled in multi-day courses only. Those who leave at the conclusion of their courses are deprived of the opportunity to participate in a wide variety of timely and topic-specific workshops designed to enable attendees to meet departmental priorities and achieve higher levels of professionalism.

The new format is designed to enable all attendees to participate more fully in all training and networking experiences, including the obstacle course competition and Awards Ceremony, which will include an informal graduation ceremony.

2017 attendees will have two options: a five-and-a-half (5.5) day format or a two-and-a-half (2.5) day format. The 5.5 day format will combine multi-day courses with workshops, and the 2.5 day format will include workshops only. The fees vary based on format, course, and membership status.

5.5 Day Format

The *Instructor Course* (IC) and the *Maintenance Officer Certification Course* (MOCC) will be held Monday, June 5-Friday, June 9. Attendees will have the option to participate in workshops on Saturday, June 10, at no extra charge (except applicable certification and materials fees).

The *Police-EMS-Security Cyclist* (PESC) Course will be held Monday, June 5-Thursday, June 8. Attendees will have the option to participate in workshops on Friday and Saturday, June 9-10, at no extra charge (except applicable certification and materials fees).

The *Police-EMS-Security Cyclist II* (PESC II) Course and *Bicycle Response Team Training* (BRTT) will be held Monday, June 5-Wednesday, June 7. Attendees will have the option to participate in workshops on Thursday-Saturday, June 8-10, at no extra charge (except applicable certification and materials fees).

2.5 Day Format

Attendees will register for workshops on Thursday-Saturday, June 8-10, at one of three flat rates (excluding applicable certification and materials fees).

Exhibit Hall

One of the most popular aspects of the event, the Exhibit Hall hours will be expanded to Wednesday, June 7, 6:30pm-8:30pm; Thursday, June 8, 11am-8pm; and Friday, June 9, 9am-1:30pm.

Venue/Housing

The event will take place on the campus of Ohio Wesleyan University (OWU). Classes and workshops will be held in the campus center and nearby classroom buildings. The official conference lodging will be in the OWU suite-style dormitories. Rooms are also available at local hotels.

If you have any questions throughout the registration process, please call 410-744-2400 or email events@ipmba.org. We look forward to embracing this change with you.

the ipmba training courses

PMBA's training and certification courses range from three to five days in length. Course attendees may choose to participate in workshops on Thursday, Friday, and/or Saturday (schedules permitting), and everyone will have a chance to test their mettle in Friday's Obstacle Course Competition, followed by the Graduation and Awards Ceremony. For course descriptions, model schedules, pre-requisites, equipment requirements, and testing procedures, visit http://ipmba.org/training/about-the-courses.



IPMBA Instructor Course.

Riding a bike is not as easy as...riding a bike. Public safety cyclists must learn how to ride both technically and tactically. This course will equip you with the skills to teach others how to use their bikes safely and

effectively. Through in-class presentations, on-bike drills, mock teaching sessions, and peer and self-critiques, you will learn to identify and correct improper technique; assist students in overcoming difficulties; and incorporate various methods of instruction into the IPMBA courses. This course is often described by graduates as one of the most challenging and rewarding classes of their careers. **Application required. Visit** http://ipmba.org/training/become_an_IPMBA_instructor.

June 5-9, 2017. \$725 (includes application fee and workshops June 10). Night Ride sponsored by Police Bike Store.



IPMBA Maintenance Officer Course.

Do your bikes take a beating? Having an inhouse maintenance officer translates into less bicycle downtime, fewer expensive repairs, and safer, longer-lasting bicycles. This hands-on course will provide you with the skills to maintain your fleet and perform all but the most technical repairs. The curriculum emphasizes preventive maintenance, general repairs, and overhaul of component groups. You will also

learn fleet management principles and documentation methods. Bring your bike and tools and prepare to overhaul! **Tool list and order form:** http://ipmba.org/training/about-the-courses

June 5-9, 2017. \$575 (includes workshops June 10).



Delaware Police Department Bike School at the IPMBA Conference *Police/EMS/Security Cyclist* Course.

Be prepared for the street! However you use your bike fleet, this essential emergency vehicle operations course will improve your response times and help you meet your goals. Learn to ride like a pro, avoid crashes, overcome obstacles, and operate your bicycle like the emergency vehicle that it is. Police and security

officers will be armed with bike-specific patrol procedures and tactics, while EMS personnel will learn to select and pack equipment, maneuver a fully loaded bike, enhance scene safety, and employ defensive measures. Includes night operations, scenarios, basic bike maintenance, and on-the-road repairs.

June 5-8, 2017. \$400 (includes Complete Guide to Public Safety Cycling and workshops June 9-10). **Sponsored by EMSWorld.**



IPMBA Police/EMS/ Security Cyclist II

Course. This fast-paced course will enhance your technical skills through obstacle courses and off-road riding; teach you maintenance skills, bike fit tips, and falling techniques; introduce you

to search and rescue; and enable you to apply your skills in real-world scenarios, including ones requiring inter-agency operations. *Prerequisite:* IPMBA PC/EMSC/SC Course or approved alternative.

June 5-7, 2017. \$475 (includes workshops June 8-10).



IPMBA Bicycle
Response Team
Training. Think you
don't need a bikemounted mobile field
force? Think again.
Social media helps spawn
large, often unruly
crowds, and bike officers
are uniquely qualified to

handle them. And who better than a bike medic to ensure prompt medical attention is rendered if a team member or bystander is injured? Whether you are preparing for political events, protests, parties and raves, or a championship game, this course will prepare you to manage your crowds and ensure prompt patient care in crowd situations. Practical exercises include formations, single- and double-column riding, arrest/rescue techniques, squad withdrawal, and gas mask drills, complete with smoke and noise! *Prerequisite:* IPMBA PC/EMSC/SC Course or approved alternative.

June 5-7, 2017. \$525 (includes workshops June 8-10).





the ipmba workshops

Offering essential, dynamic, and innovative on-bike sessions **AND** insightful and information-packed in-class programs, the IPMBA workshops are ideal for new and experienced police, EMS, and security cyclists as well as supervisors and administrators. Workshops are included in the fee for multi-day courses (schedules permitting). A 2.5-day (Thursday-Saturday) workshop-only option is also available. All participants are invited to compete in Friday's Obstacle Course Competition, followed by the Graduation and Awards Ceremony.

on-bike workshops

Required Equipment: properly sized mountain bike, helmet, appropriate eye protection (day/night), pedal retention, cycling gloves, basic bike tools; uniform and duty gear; hydration system strongly recommended. Special equipment needs are in the descriptions.

BIKE HANDLING SKILL DEVELOPMENT

Delaware City History Tour. Come tour the City of Delaware by bicycle. Founded in 1808 and incorporated in 1815, Delaware boasts a wealth of historic sites, including the Nash House (1878), the Meeker Homestead (1823), the Garth Oberlander Barn (1848), and the Beiber Mill Ruins (1844). The Historic Northwest District is home to Courthouse Square, site of the 1878 Jail and Sheriff's Residence and the 1906 Library, as well as numerous residential buildings representing a wide range of architectural styles. Delaware is famed as the birthplace of 19th President Rutherford B. Hayes and for the "Little Brown Jug", one of the premier races in the harness-racing triple crown. This ride is designed for all levels of riders and will stop for rest and refueling. Limit 30.

Creative Cone Courses will enhance and improve your balance, slow-riding skills, and ability to navigate tight angles and spaces. It will help you gain confidence in operating your bicycle in all kinds of situations, both on—and off-duty. Instructors will be inspired to challenge students from novice to advanced and create unique cone courses for in-service training and practice. Presented by Joe Ralston and Jayme Green of Topeka (KS) Police and/or Jeff Brown of Dayton (OH) Police. Limit 12.

Flat Pedal Clinic. New to flat pedals? Not the plastic ones that come with the bike or the pedals to which cages or straps affix, but a high-quality pair with removable pins partnered with a good pair of sticky-soled shoes designed for riding, which IPMBA now classifies as pedal retention. Come to this clinic if you would like to learn how to use flats as an alternative to clips, straps, or cages. This introduction will help you feel comfortable with flats and use them to your advantage on— and off-duty. Equipment: flat pedals and shoes that meet the IPMBA standards (http://tinyurl.com/IPMBAFlats), shin pads recommended. Limit 10.

CENTRAL OHIO MOUNTAIN BIKE ORGANIZATION (COMBO) WEI COMES YOU

Technical/Off-Road Skill Building Workshops at Alum Creek State Park Alum Creek features a purpose-built trail system offering three loops totaling almost 13 miles. The beginner loop is a 1.7 mile lollipop whose rocks, roots, and bridges offer the ideal introduction to technical skills and singletrack.

Phase 1 (P1) is a 5.5 mile trail designated for beginner to intermediate riders. Roots, bridges, and an optional stream crossing make it technically demanding and keep the ride interesting. Bridges are relatively low and wide (compared to P2) but the roots are non-stop! *Visit:*

http://www.combomtb.com/alum-creek-p1.

Phase 2 (P2), a 5.5-mile continuous loop, has more flow and fewer roots than P1. However, it has plenty of narrow bridges ("skinnies"), logovers, a banked wall turn, and a section of elevated trail. *Visit:*

http://www.combomtb.com/alum-creek-p2.

Advanced Off-Road Riding Trip to Mohican State Park

On Saturday, June 10, COMBO will lead a group of intrepid riders on Ohio's longest singletrack. This 25.5 mile trail features sweet, flowing singletrack, tough climbs, screaming downhills, logovers, bridges, rock gardens, and flowy pumptrack-like stretches of trail. With only a few bailout points and lots of challenges, this recreational ride is for experienced riders only. The van will depart at 8:00am and return by 4:15pm. \$50 includes transportation, lunch, and ride guides. Visit:

https://www.mtbproject.com/trail/960984.
Limit 12.

TECHNICAL/OFF-ROAD SKILL BUILDING

Technical/Off-Road Skill Building 101 is designed to familiarize you with the basic body positions for braking, cornering, climbing, and unstable conditions. These skills will enable you to ride technical terrain and navigate a variety of riding situations. If you are just learning to overcome obstacles, riding only on duty, and/or often get rear pinch flats, this is the perfect class for you!

Approximate ride time will be two hours (6-7 miles), with plenty of stops for coaching along the way. The time allotted includes a 20-minute drive each way. Transportation provided. Limit 12.

Technical/Off-Road Skill Building 102 is designed to propel you to such skills as bikebody position and separation, braking technique, cornering, steep technical climbing, cadence and rhythm, and overcoming technically advanced terrain. To participate in this class, you must be able to execute front and rear wheel lifts, ride up and down short sets of stairs, and ride over small obstacles. Approximate ride time will be two hours (6-10 miles). The time allotted includes a 20-minute drive each way. Transportation provided. Limit 12.

Technical/Off-Road Skill Building 201 is

designed for experienced riders who have mastered the basic bike-body position and skills and wish to overcome even the most technical and formidable terrain. Advanced bike body separation techniques utilized for jhops, dropping, jumping, and high-speed riding will be included. You must have disc brakes, have knowledge of bike repair, and understand shifting, brakes, and suspension. You must be able to successfully execute bunnyhops, j-hops, and manual front wheel lifts, and jump small sets of stairs. The class will start with skill enhancement using cones and other obstacles before moving to the trails for further skill building on rocks, roots and bridges. Skills will be applied and enhanced over 12-15 miles of riding. The time allotted includes a 20-minute drive each way. Transportation provided. Limit 12.



INSTRUCTOR DEVELOPMENT

Bicycle Response Team Training Instructor Seminar. This seminar will prepare qualified IPMBA instructors to teach the IPMBA Bicycle Response Team Training. Classroom sessions will introduce the lecture outlines, PowerPoints®, and administrative guidelines. On-bike sessions will provide instruction on how to effectively conduct the skill stations and scenarios. Open to active IPMBA Instructors who have taken the IPMBA BRT Training Course or an approved alternative. This session includes both classroom and on-bike segments. \$35 certification and materials fee. Limit 10.

EMSCI to PCI/SCI Transition Course, for EMSCIs who wish to instruct law enforcement and security agencies, highlights the adjustments in both lecture and practical skills needed to accommodate the needs of the police and/or security cyclist. This transition course requires successful completion of both written and practical skills tests. Active EMSCIs only. SCI certification open to all EMSCIs; PCI certification open only to EMSCIs who are also sworn law enforcement officers. Copies of police credentials must be submitted. Required equipment: duty rig. This session includes both classroom and on-bike segments. \$15 certification fee. Limit 10.

Flat Pedal Clinic for Instructors. New to flat pedals? Not the plastic ones that come with the bike or the pedals to which cages or straps affix, but a high-quality pair with removable pins partnered with a good pair of sticky-soled shoes designed for riding, which IPMBA now classifies as pedal retention. Come to this clinic if you would like to learn how to use flats as an alternative to clips, straps, or cages. This clinic will help you feel comfortable with flats and coaching students who use them. Equipment: flat pedals and shoes that meet the IPMBA standards (http://tinyurl.com/IPMBAFlats), shin pads recommended. Limit 10.

PCI/SCI to EMSCI Transition Course, for PCI/SCIs who wish to instruct EMS personnel, highlights the adjustments in both lecture and practical skills needed to accommodate the needs of the EMS cyclist. This transition course requires successful completion of a written test and practical skills tests. Active PCI/SCIs only. Required equipment: panniers and rack bag. This session includes both classroom and on-bike segments. \$15 certification fee. Limit 10.

SIMUNITION® for Bike Patrol.

SIMUNITION® is a world leader in providing law enforcement and military with realistic, non-lethal, force-on-force simulation training. This session will discuss ways to safely and effectively incorporate SIMUNITION® into IPMBA training. How to develop and incorporate scenarios involving quick use of force decisions, use of cover and concealment, and officer survival will be discussed. Concepts will be put into practice during bike patrol-specific scenarios. Presented by Alan

Beadle, Sylvania (OH) Police. Required equipment: duty rig, SIMUNITION®-converted firearm (if possible), soft groin protection (men and women). Cartridges and protective gear will be provided by SIMUNITION®. This session includes both classroom and on-bike segments. Limit 12.

STREET SURVIVAL

Defensive Tactics and Close-Quarter Bike Movements is an action-packed, interactive session that will teach and strengthen strategies for safe and effective bike movements in challenging environments. It will also introduce defensive tactics for protecting yourself utilizing your bicycle in new and creative ways. Open to police, EMS, and security personnel. Developed by Troy Gielish, Irvine (CA) Police Department. Limit 10.

Firearms and Street Survival. Bad things can happen when you ride a bike and carry a firearm into battle! Mr. Artie has developed this course specifically for the survival of crashes and gunfights. These shooting drills are designed to replicate situations that a public safety cyclist may encounter while in performance of duty. After reviewing dismounts, reloading, and tactics, Mr. Artie will demonstrate crashing techniques leading into ground shooting from various positions, and much more. This is not your dad's Isosceles or Weaver stances shooting, and it is not for the weak of heart! Designed by Artie Gonzales, Topeka (KS) Police Department (ret.). Equipment: 150 rounds (any type) and handgun, duty rig, body armor, foam ear protection, duty eyewear (not shooting glasses), bike gloves, bike and mandatory safety equipment (derailleur guard recommended), elbow and knee pads (optional); letter from your department authorizing you to participate in live-fire exercises. Limit 12.

Krav Maga for Public Safety Cyclists will take you from "Bike to Fight" in a split second. Developed specifically for public safety cyclists, this workshop will introduce you to self-defense and combat techniques that can be applied in high-stress situations. Emphasis will be placed on using the bike to your advantage, weapon retention, hard empty hand techniques, recovering from a downed position, and multiple attacker scenarios. Krav Maga, a self-defense system developed for the Israel Defence Forces, consists of various selfdefense techniques coupled with realistic fight training. Open to all public safety cyclists. Developed by Murray Prust, Saint Paul (MN) Police and Gail Boxrud and Dante Pastrano, Krav Maga of Minneapolis. Equipment: duty rig/training gun (LEOs), groin protection, mouth guard (optional). Select from a halfday or a full-day session depending on the amount of practical, scenario-based training desired. Limit 16 per session.

OPERATIONS & TACTICS

Car Stops. Traffic stops are inherently dangerous and are ALWAYS high-risk. Over the course of an 18-month period, the Topeka Police Department lost three officers to gunfire during traffic stops or vehicle contacts. As a result, members of the TPD developed a training program based on actual traffic stops. Joe Ralston and Jayme Green adapted the training for bicycle operations. This scenario-based training will teach you techniques that will help mitigate the risks involved with these extremely dangerous situations. This session includes both classroom and on-bike segments. Limit 10.

Nightlife District Operations and Tactics. Does a huge melee in a bar district sound familiar? How about a large crowd out of control? Nightlife districts, clubs, and parties are increasingly problematic, and police and EMS need effective strategies for dealing with large numbers of intoxicated patrons. With HD cameras recording their every move, first responders need to make smart, safe choices for themselves and the citizens they serve. Presented by Mo Ibrahim, Metropolitan (DC) Police Department, and Andrew Humes, College Station (TX) Police Department. Equipment: high-intensity headlight with fourhour runtime, taillight. Bring snacks or eat in advance. Limit 20. Sponsored by Cygolite Bicycle Lighting Systems.

Using Bicycles in Disaster Response and Search and Rescue. This course will present strategies for implementing mountain bikes in search and rescue missions for missing children and dementia patients and as part of disaster response. You will learn to identify situations and scenarios in which bikes would be useful and how to quickly integrate them. You will plan, organize, and carry out a mock search using bike-specific search techniques. You will learn how bikes can be part of disaster response, including incident command support, damage assessment, communications, and RECON operations. We will examine various disasters, discuss how the bike could be used in support of the overall operations, and participate in a disaster scenario. Presented by Clint Webb and David Millican, Denton (TX) Police. This session includes both classroom and on-bike segments. Limit 16.



27th Annual IPMBA Conference

Delaware, Ohio ~ June 5-10, 2017 ~ Registration Form ~ Page 1 of 2

lease read "Registration Checklist" at the end of the lease check all boxes that apply (course, workshop descriptions before filling out this workshops, other, membership) and add registration form. PRINT LEGIBLY. up the right column for your total. After May 1, you must include the \$50 Rush Fee! IPMBA Course Fees (June 5-10, 2017) Name (As you would like it to appear on your nametag, and in all correspondence) You must be a current member to attend any of the training courses. First Last Join or renew below if you are not currently a member. Instructor Course* (includes application fee)□ \$725 Maintenance Officer Certification Course^{*} ...□ \$575 **Personal Address** *includes Saturday workshops Police/EMS/Security Cyclist Course**□ \$400 Street Address □Police □EMS □Security **includes Friday-Saturday workshops Country Home Postal Code Police/EMS/Security Cyclist II Course***□ \$475 Personal Telephone □ Cell Bicvcle Response Team Training***□ \$525 ***includes Thursday-Saturday workshops IPMBA Workshops Only Fees (June 8-10, 2017) (Confirmations will be sent via e-mail. They will NOT be mailed.) Dept. Name Select this option if you are not enrolling in one of the above courses. (As it will appear on your nametag) IPMBA Member Fee \$400 Dept. Address MUST be current; provide your IPMBA membership number and/or join/renew below Street Address Non-IPMBA Member Fee□ \$500 Bike Team Rate \$300 See box in left column for details. Dept. Telephone Other Fees IPMBA Membership Number LE-FR-Tactical Casualty Care Materials Fee........□ \$ 50 **IPMBA Instructor Number** PCI/SCI to EMSCI Certification Fee \$ 15 Is this your first IPMBA Conference? □Yes □No EMSCI to PCI/SCI Certification Fee □ \$ 15 Guest(s) ___ x \$25 (It-shirt, welcome bag, exhibit hall, hospitality) ... \bigsilon \$__ How did you hear about the IPMBA Conference? Lunches: ___ x \$10 □Mon □Tues □Wed □Thurs □Fri.......□ \$_ □ IPMBA News □ Email from IPMBA □ www.ipmba.org □ Postcard NAME(s): □ Previous conference □ Fellow public safety cyclist Magazine ad in _ Mohican Advanced Off-Road Trip (June 10)□ \$ 50 Website Banner Ad on _ Email from ____ **IPMBA Membership & Certification Fees** □ Other Tee Shirt Size: US UM UL UXL UXXL (LARGE if you don't pick one!) New □ Renew □.....□ \$ 60 **Dietary Restrictions:** Certification: PC □ EMSC □ SC □□ \$ 15 Instructor: Display name/agency on the online attendee list? □Yes □No TOTAL ENCLOSED\$ Allow other attendees to email you from the online list? ☐Yes ☐No CANCELLATION POLICY: Refund requests must be made in writing and Bike Team Rate — Register three or more and save! received by May 1, 2017. Refunds, less a \$50 administration fee, will be processed following the conference. No refunds after May 1. Substitutions only Register three or more members from the same agency at a flat rate of \$300 per accepted after May 1. Membership, certification, and instructor application fees team member! Applies to WORKSHOP fees only; Registrants MUST be IPMBA are non-refundable. Instructor Course fees transferrable only to eligible members (current, joining, or renewing); Registrations MUST be submitted together. candidates who submit their completed applications and fee (\$125). Mail, Fax, OR Email to IPMBA, 583 Frederick Rd., Suite 5B, Baltimore MD 21228~Fax 410-744-5504~Events@ipmba.org Payment Must Accompany Registration □ Purchase Order number ☐ Check or money order (payable to IPMBA) enclosed. or departmental equivalent: ☐ Visa/MasterCard accepted (circle one). Department to which the invoice should be sent (e.g., accounts payable, finance, etc.) Expire: ____/__ 3-Digit Security Code: _____ Attention Signature: Address Name on card: City Email address for receipt:

Contact phone:

HOW TO REGISTER FOR IPMBA WORKSHOPS - PAGE 2 OF 2

Check the boxes next to the workshops you wish to take. IC/MOCC Attendees select Saturday sessions only. PESC attendees select Friday and Saturday sessions. BRT/PESC II/Workshop Only attendees select Thursday, Friday, and Saturday sessions.

Do not select more than one workshop per time slot or overlapping time slots. Register early—some class sizes are limited!

| NAME: | | |
|---|---|---|
| STATE: PHONE: () | EMAIL: | |
| Thursday, June 8, 2017 | | |
| 0800-0915 □ Arapahoe High School Shooting Debrief □ Yep, It's Broken. Now What? | O800-1145 □ Bike Maintenance 101 □ Car Stops □ Firearms and Street Survival □ Flat Pedal Clinic □ Technical/Off-Road Skill-Building 101 □ Using Bicycles in Disaster Response and SAR | O800-1615 (continued after lunch) □ Krav Maga for Public Safety Cyclists (full day) □ Law Enforcement-First Response Tactical Casualty Care (you must include the \$50 materials fee in your payment.) □ Technical/Off-Road Skill Building 201 |
| 0930-1145 □ Carpe Audience! □ Tourism-Oriented Policing | participants on Saturday. If you are sta | Friday and to Instructor Development lying on the OWU Campus, breakfasts are All other meals are on your own. |
| 1200-1330 Lunch; Exhibit Hall | | • |
| 1330-1445 □ Bike Fit: Common Injuries and Injury Prevention □ Cleveland RNC Planning, Preparation, and Handling □ Creating Standard Operating Procedures/Policy Manuals | 1330-1715 Bike Maintenance 102 Creative Cone Courses Defensive Tactics and Close Quarter Bike Movement Flat Pedal Clinic for Instructors SIMUNITION® for Bike Patrol | 1330-1615 (continued from morning) — Krav Maga for Public Safety Cyclists (full day) — Law Enforcement-First Response Tactical Casualty Care — Technical/Off-Road Skill Building 201 |
| 1500-1615 Creating a Physical Fitness Incentive Program Instructor Tips and Techniques Introduction to Event Planning for EMS 1900-2245 Nightlife District Operations and Tactics | Workshops shown in red involve on-bike exercises. See descriptions for more information. | |
| | lay, June 9, 2017 | |
| 0800-0915 □ Arapahoe High School Shooting Debrief □ Yep, It's Broken. Now What? | 0800-1145 Car Stops Creative Cone Courses Defensive Tactics & Close Quarter Bike Movements Firearms and Street Survival Flat Pedal Clinic Krav Maga for Public Safety Cyclists (half-day) Mechanical Disc Brakes SIMUNITION® for Bike Patrol Technical/Off-Road Skill Building 102 Using Bicycles in Disaster Response and SAR | DO NOT SELECT MORE THAN ONE WORKSHOP PER TIME SLOT. CHECK TIMES CAREFULLY TO ENSURE THAT YOUR SELECTIONS DO NOT OVERLAP OR CONFLICT WITH |
| 0930-1145 □ Blown Up and Struck by Lightning □ Carpe Audience! □ Tourism-Oriented Policing | CONFERENCE SCHEDULE AND INSTRUCTORS SUBJECT TO CHANGE. VISIT WWW.IPMBA.ORG FOR UPDATES. | ONE ANOTHER. |
| 1200-1330 Lunch; Exhibit Hall | | |
| 1330-1445 Bike Fit: Common Injuries and Injury Prevention Campus Community Policing Cleveland RNC Planning, Preparation and Handling Instructor Tips and Techniques Introduction to Event Planning for EMS | O800-1200 Delaware History Bike Tour BRT Instructor Sen PCI/SCI to EMSCI Course (\$15) EMSCI to SCI/PCI Course (\$15) | Transition Mohican State Park (\$50) |

maintenance

BRING YOUR TOOLS! Sessions are hands-on; dress accordingly and bring the necessary equipment as specified below as well as a towel and/or several grease rags.



Bike Maintenance 101-102 will cover essential preventive maintenance and repair topics. Learn the rules of maintenance, how to clean and lube a bike, flat tire repair, front and rear derailleur adjustments, and brake adjustments. It will also include servicing the drive train, brakes, cable and cable housing replacement, and wheel maintenance. A portion of the class will be dedicated to addressing specific maintenance issues encountered by workshop participants. Equipment: bike, allen wrench set (2, 2.5, 3, 4, 5, 6, 8, 10 mm), set of three tire levers, patch kit, crank puller for your type of bike, chain tool (master link if possible), cassette remover, bottom bracket tool for your type of bike, adjustable wrenches, flat head and phillips head screwdrivers, pedal wrench, complete set of metric box-end wrenches (5-17mm), cleaning towels, grease rags, and a workstand (if possible). You may attend either or both depending on your current skill level and interest in maintenance. Limit 10 per session.

Mechanical Disc Brakes. From installation to adjustment, maintenance, and replacement, this session will prepare you to keep your fleet stopping on a dime! Presented by Chris Denshuick, University of Penn Police. Equipment: allen wrench, T-25 torque key, bike equipped with mechanical disc brakes, workstand. Limit 10.

classroom sessions

Please bring pen, paper, and other materials as specified in the workshop descriptions.

ADMINISTRATOR TOPICS

Creating a Physical Fitness Incentive Program for your Department. Law enforcement officers face unique factors that can contribute to the deterioration of their health over the course of their careers. There are three types of fitness programs: preemployment, academy-based, and postemployment. The pros and cons of each will be discussed. We will then examine three models for ongoing fitness programs: mandatory, voluntary with no incentives, and voluntary with incentives. This session will address the costs and benefits of on-going fitness programs and ways of implementing a successful physical fitness incentive package. We will examine documentation and legislation in support of such programs. Specific examples of programs designed to address the significant issue of lack of officer fitness will be presented. Methods of assessing fitness levels adjusted for age and injuries will also be addressed. While law enforcement-specific, this program is open to members of EMS and Security agencies as well. Presented by David Millican, Denton (TX) Police Department.

Creating Standard Operating Procedures/ **Policy Manuals.** Developing a Standard Operating Procedure will provide the members of your bike unit with uniform ways of executing tasks to meet established standards. SOP's provide instructions for performing recurring activities and reacting to expected events. Key concepts are purpose, responsibilities, policy, and action. Specific topics include selection, deployment, training, uniforms and equipment, maintenance, safety, and riding techniques. Learning these concepts and structuring these procedures will benefit administrators and team members in keeping their policies relevant and recent. Presented by Det. Eugene Johnson, Atlanta (GA) Police Department. Materials: Flash drive for handouts.

CAMPUS/COMMUNITY



Arapahoe
High
School
Shooting
Debrief.
The day
you train
for...and
the things
you don't
expect.

Hear the details of the December 13, 2013, shooting at Arapahoe High School in Centennial, Colorado, and the events leading up to that day from the SRO on the scene. You will listen to dispatch tapes from during the event and learn about the tactics used. Presented by James Englert of Arapahoe County (CO) Sheriff's Office, one of the deputies responding to the Arapahoe High School shooting in December 2013 and a recipient of the 2013 NASRO Award of Valor.

Campus Community Policing. There are distinct differences between campus communities and municipalities. Police and security officers who serve in campus communities are called upon to demonstrate a high level of commitment to community oriented policing concepts in very diverse and political environments. This workshop offers useful, time-tested strategies to assist any public safety cyclist involved in community

relations, while identifying issues unique to campus law enforcement. Presented by Steve Noftz (Ohio University Police, retired) this workshop was a component of the *Basic College Campus Safety and Security Training* Program of the Ohio Peace Officer Training Academy.

Tourism-Oriented Policing. See description under *Operations and Tactics*.

FITNESS & NUTRITION

Bike Fit: Common Injuries and Injury
Prevention. This session, conducted by Laura
Comtois, Physical Therapist and Certified Bike
Fitter, will help you better understand the key
aspects of a properly fit bicycle. You will learn
how to prevent discomfort and gain insight into
how to adjust your bike when aches/pains/
injuries occur. The goal of this session is to
provide the student with the knowledge of how
to maximize comfort on the bike.

Creating a Physical Fitness Incentive Program for your Department. See description under Administrator Topics.

Yep, It's Broken—Now What? Basic First Aid Using What is in Your Bag. This basic first aid class will teach you how to administer first aid to self or others with a focus on common mountain biking injuries. The emphasis will be on using what might be in your rack or frame bag, hydration backpack, or tool kit in lieu of bona fide first aid supplies. Developed by John Gillespie, Chester County (PA) Department of Emergency Services. Equipment: your standard rack/frame bag or backpack.

INSTRUCTOR DEVELOPMENT

Carpe Audience: Give Better Presentations
Despite PowerPoint. Harness the ancient
power of presentation! "Presentation" is the
most powerful communication strategy humans
have ever deployed. Part storytelling, part
performance, part props and part pictures,
presenting to an audience is an ancient art.
Wherever you present, Carpe Audience will
free you from "Death by PowerPoint" and
restore YOU to the role of presenter.
Conducted by John-Michael Keyes, author of
Carpe Audience: Give Better Presentations
Despite PowerPoint and founder, The "I Love
U Guys" Foundation.

Instructor Tips and Techniques will help you maximize your class time and reduce the time you spend completing paperwork. Topics include use of the Zip Grade App (IOS and Android) for test scoring, tracking, and analysis as well as simple props (marking sticks) to make setting up the cone courses quick and easy. This is also a moderated information-sharing forum—bring YOUR tips and techniques for conducting IPMBA Courses. Developed by John Gillespie, Chester County (PA) Department of Emergency Services.

OPERATIONS AND TACTICS

Cleveland Republican National Convention (RNC) Preparation, **Planning**, and Handling. In January 2016, Captain Thomas Mandzak was assigned as the Officer-in-Charge of the Cleveland Police Bicycle Unit for the RNC. The Division of Police did not have a bicycle unit, so in May 2016, he undertook the building of one. In July 2016, he created the operational plan and supervised the deployment of 240 bike officers throughout the National Security Event. Hear first-hand about the challenges of dealing with a short timeline for equipment purchase, working with the City and Division's Budget Unit to ensure the correct equipment was purchased; creating a Mountain Bicycle Operational Plan and coordinating with outside agencies; and providing training for the BRT officers. You will also learn how the bikes were deployed during the RNC and why they were lauded as a highly successful means of controlling crowds and managing protests. Presented by Captain Thomas Mandzak, Cleveland Division of Police.

Introduction to Event Planning for **EMS.** Public safety cyclists often find themselves deployed to special events, which, like all other operations, require planning to be safe and successful. Topics include different types of events, conducting site surveys, and implementing appropriate logistical support. Explore ways to write an operational plan, learn the importance of having a back-up plan, how to coordinate intra- and interagency resources, determine what equipment and supplies to carry and stock, and how to design and implement a communications plan. Presented by Marc Zingarelli, Circleville (OH) Fire Department.

Tourism-Oriented Policing. All cities experience tourism, but not all are prepared to promote themselves, and public safety personnel often do not view themselves as the ambassadors they are. This workshop is designed to help command staff and bike officers alike learn how tourism policing adds value to a city as a tourist destination. Students will get a glimpse of how tourists view themselves and police officers, learn how they behave, and identify the areas they frequent. Emphasis will be placed on visitors as both victims and perpetrators of crime, the impact of tourism on the local economy, the bicycle's role in tourist areas, and how to enhance the visitor experience. With this knowledge, officers will be

better prepared to provide services to visitors and represent their jurisdictions and agencies well. Presented by Andrew Humes and Tristen Lopez, College Station (TX) Police Department.

STREET SURVIVAL

Blown Up and Struck by Lightning.

Public safety cyclists are trained as first responders and are called upon to respond to and manage scenes following critical incidents and tragic occurrences. On occasion, first responders are also victims of those same incidents. This workshop will provide accounts of two critical incidents involving public safety cycling and share the lessons they learned as survivors of catastrophic occurrences. This workshop touches on issues relevant to both front-line employees and management. Presented by Steve Noftz, O'Bleness Hospital (OH) Protective Services.

Law Enforcement/First Response Tactical Casualty Care. Come see what Special Forces, SWAT officers, and now street cops are doing to save lives. LEFR-TCC teaches public safety first responders the basic medical care interventions that will help keep an injured responder alive until EMS can safely enter a tactical scene. It combines the principles of PHTLS (Pre-Hospital Trauma Life Support) and TCCC (Tactical Combat Casualty Care), and meets both the Hartford Consensus recommendations for mass casualty shooting situations and the NAEMT Tactical Emergency Casualty Care (TECC) guidelines. This course certifies first responders through NAEMT for four years. You don't have to be a medic to save lives: you just have to be willing to bring good medicine to bad places. Presented by Bobby Sellers, Cypress Creek EMS. \$50 materials and certification fee. Limit 12.



registration checklist

You may register for a training course (which include workshops) or workshops only. Please <u>read</u> and <u>complete</u> this checklist as you register.

CONTACT INFORMATION. A link to the confirmation information will be sent via **e-mail**. Confirmations will **NOT** be mailed.

Confirmation Information includes: confirmed courses & workshops; list of required equipment & uniform requirements; PAR-Q (Physical Activity Readiness Questionnaire); travel & logistical information; bicycle shipping & storage details; on-site check-in instructions; and competition info.

☐ I have included **ALL** my contact information.

IPMBA TRAINING COURSE SECTION

Applicable if you are registering for an IPMBA Training Course.

- ☐ I have checked the box that corresponds to the IPMBA course that I am going to take.
- ☐ Instructor Course: I have submitted my Instructor Application (available online or from the IPMBA office).
- Instructor/Maintenance Courses: I have selected my workshop(s) for Saturday, June 10 (optional).
- Police/EMS/Security Cyclist Course: I have selected my workshop(s) for Friday and Saturday, June 9-10.
- ☐ PESC II Course/Bicycle Response Team Training: I have selected my workshop(s) for Thursday, Friday, and Saturday, June 8-10.
- ☐ I am attending a live-fire workshop and have enclosed departmental authorization allowing me to do so

IPMBA WORKSHOPS SECTION

Applicable if you are registering for the IPMBA Workshops Only.

- ☐ I am registering for the IPMBA Workshops only, and have selected the appropriate payment box, as explained below.
 - If you are joining or renewing with registration, or your membership is current, select "IPMBA Member Fee."
 - If you are not a member, or your membership has lapsed and you are not renewing, select "Non-IPMBA Member Fee."
 - If you are registering three or more bike team members, select "Bike Team Rate" and submit registration forms together.
- ☐ I am attending a live-fire workshop and have enclosed departmental authorization allowing me to do so.
- ☐ I have completed both pages of the registration form.

OTHER FEES SECTION

Applicable if you are registering late, bringing a guest who is not attending the conference, or attending a fee-based workshop or ride.

- ☐ I am bringing a guest(s), have checked the proper box and included the applicable guest fee for each, and I supplied the guest name(s).
- ☐ I am enrolling in the LE/First Response Tactical Casualty Care workshop, a Transition Course, the BRT Instructor Seminar, and/or the Advanced Off-Road Ride, and I have included the applicable fee(s).
- \square I am registering after May 1, 2017, and my \$50 rush fee is included.

IPMBA MEMBERSHIP SECTION

Membership is required for training courses and to be eligible for the IPMBA Member Workshops Only fee.

- ☐ I am a **current/renewing** member and have included my IPMBA membership number. If I am renewing, I have included my \$60 dues.
- ☐ I am **joining IPMBA** and have included my \$60 membership dues.

FORM OF PAYMENT. Payment **MUST** accompany registration. Registrations received without payment *will be returned.*

- ☐ I have included the correct payment, including course, workshop, certification, membership, rush, ride, and guest fees, as applicable.
 - Faxed registrations MUST include a MasterCard, Visa, or Purchase Order number.
 - Mailed registrations MUST include a check, MasterCard, Visa, or Purchase Order number.
 - If you are paying by check, DO NOT fax your registration and mail the check at a later date.
 - Do NOT submit your registration via multiple methods.

DETAILS getting here

By AIR The John Glenn Columbus International Airport, approximately 35 miles/40 minutes from Delaware, is served by Air Canada Express, American/American Eagle, Delta/Delta Connection, Frontier, Southwest, United/United Express, and US Airways. It offers non-stop flights and easy connections through many major US hubs.

SHUTTLE SERVICE Shuttle service from John Glenn Airport will be provided by the host agency. You MUST register in advance for shuttle service (arrival and departure) on the 2017 IPMBA Conference Airport Shuttle page at http://tinyurl.com/2017IPMBAShuttle.

BY AUTO Delaware is located approximately 30 miles north of Columbus, Ohio. It is an easy drive from most of the eastern and Midwestern United States. It is accessible from I-71 and I-70, and U.S. 23 and 42. It is within 120 miles of Akron, Dayton, Cincinnati, Cleveland, and Toledo; 200 from Detroit, Indianapolis, and Pittsburgh; 300 of Chicago and Louisville; and 500 from Atlanta, Baltimore, Charlotte, Louisville, Milwaukee, Nashville, Philadelphia, Richmond, Saint Louis, and Washington DC. Plentiful, free surface parking is available on the Ohio Wesleyan University Campus.

where to stay

Ohio Wesleyan University (OWU) 40 Rowland Avenue, Delaware OH 43015. Suite-style dormitory accommodations (two bedrooms with a shared bath) are available for up to four occupants. Prices are per person, not per room, and include full breakfast, linen package (bath towel, washcloth, pillow and case, sheets, blanket), password-protected WiFi, laundry facilities (bring your own soap), and parking. Cutoff: May 21, 2017

Rates: \$50 per person (2-3 people per suite) or \$35 per person (four people per suite) per night. You *MUST* book online at *http://tinyurl.com/2017IPMBAhousing*. Payment may be made in advance by calling OWU Public Safety Officer Ramon Walls (740-203-1135) or upon arrival. Forms of payment: MC, Visa, Discover, AmEx.

Conference Hotel (local shuttle service not provided)

Pacer Inn & Suites, half-mile; 259 S. Sandusky St.; www.pacerinnandsuitesmotel.com. \$80 + 16% tax. Call 740-362-0050 and mention IPMBA when booking. Offer not available online. **Cutoff: May 1, 2017 or sellout**

Other Area Lodging (local shuttle service not provided)

Quality Inn & Suites, 2.6 miles; 1251 Columbus Pike; 740-363-8869; http:///tinyurl.com/DelawareOualityInn

Baymont Inn & Suites, 3.1 miles; 1720 Columbus Pike; 740-363-3510; http://tinyurl.com/BaymontDelOhio

getting your bike here



BICYCLE SHIPPING

Breakaway Cycling www.breakawaycycling.com

Contact: Dan Negley Phone: 740-363-3232

You must call Breakaway by May 1, 2017, to make arrangements for shipping and other services.

Includes: Storage, assembly and adjustment, delivery to and pick-up from conference site, disassembly, and packing. *Printing a return label when scheduling your shipment via UPS or FEDEX or arranging shipping via Bike Flights is required.*

Cost: \$175, **NOT** including return shipping. Bicycles will be repacked in the packaging in which they arrive. Attach your name and contact information to the frame. Do not ship personal items with the bike.

Shipping Address: We recommend shipping your bike *at least fourteen business days* prior to your date of arrival. Any bikes received three days or closer to the event may be subject to a rush fee of \$50. Ship to: [YOUR NAME]/27th Annual IPMBA Conference/c/o Breakaway Cycling/17 W. William Street, Delaware OH 43015; Arrival Date: [DATE YOU WILL ARRIVE in Delaware so your bike build can be prioritized].



BikeFlights: IPMBA has partnered with BikeFlights for shipping. Visit http://tinyurl.com/ShipIPMBA2017. Visit www.bikeflights.com for more information about packing and shipping your bicycle and compare options for

shipping and flying with your bike.

If you are staying on the OWU campus and wish to ship your bike to yourself for self-assembly, ship to: IPMBA Conference at OWU/Attn: YOUR NAME/28 Hayes Street/Delaware OH 43015.

If you are staying at an area hotel and wish to ship your your bike to yourself for self-assembly, check with your hotel in advance regarding their shipping policies.

BICYCLE RENTALS Bike rentals are not available.

visit the vendors

2016 Exhibitors: Cera Products, Cygolite Bicycle Lighting Systems, ISM Saddles, MOCEAN, Police Bike Store, Sound Uniform Group (Bratwear/Olympic), The Safariland Group, Volcanic Bicycles, 4Bike-Police, Bar Mitts, Bellwether Technical Apparel, Borealis Fat Bikes, Codaxus LLC, CopCycles LLC, Emergency Stuff, Kryptonite, NASRO, NiteRider Technical Lighting, Patrol Bike Systems, Popticals, Rapid Response Team eBikes, SCS Racks, and TactSquad/United Uniform.





