

Fort Bend County

Project Title: Crisis Response and Intervention

1115 DSRIP – Behavioral Health

Develop a **coordinated** early crisis response and intervention system for adults and children with **behavioral health disorders** that prevents unnecessary use of services in the emergency room, urgent care and the criminal justice system.

We propose to develop a crisis system that better identifies people with behavioral health needs, responds to those needs and links persons with the most appropriate level of care. Our goal is to keep individuals healthy and safe, develop processes and interventions to manage challenging behaviors, and avoid unnecessary use of the emergency room, hospitalization or incarceration.

The Fort Bend County DSRIP project will focus on:

1. **the enhancement of our 911 dispatch system to identify and respond to behavioral health crises**
2. **the development of a specialized crisis intervention team (CIT) within our Sheriff's Office and**
3. **enhancing cross systems training and linkages to appropriate services.**

These programs will interface with the crisis intervention services available through the Local Mental Health Authority (Texana Center). This project will also interface with "care management" and the "increased access to community providers" DSRIP projects to promote coordination of care, integration of physical and behavioral health, and access to appropriate level of follow-up care.

Fort Bend County

Crisis Response and Intervention

- ❑ **Enhanced Dispatch System** - develop protocols and training to ensure proper identification of 911 mental health calls and linkage with the most appropriate response team(s).

- ❑ **Specialized Law Enforcement Response Unit (CIT)**
The Crisis Intervention Team (CIT) is a first-responder model of police-based crisis intervention with community, health care, and advocacy partnerships.

- ❑ Development of cross-training protocols, policies and agreements to better identify persons needing behavioral health care that come into contact with our first responders and to link persons with the appropriate resources in a timely manner.

- ❑ Link patients with mental illness to a medical home or other care management program

- ❑ Develop transition services and supports

Fort Bend County Crisis Response and Intervention Expected Outcomes

- A decrease in the number of admission to the ER for person with behavioral health needs
- A decrease in the number of incarcerations for persons with mental illness involved in misdemeanor offenses and non violent crimes
- Decrease in the number of EMS responses and transports for persons with behavioral health needs
- Increased identification of behavioral health needs among crisis calls
- Increased coordination with medical care
- Increased identification and coordination with community based resources
- Redirect persons with behavioral health disorders from criminal justice and emergency rooms to the appropriate health care services
- Improve officer and consumer safety
- A decrease in number of multiple first responders responding to mental health / behavioral health emergencies