

**Register Now**

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# FSU College of Medicine Presents a Tobacco Treatment Specialist Training: 3-Day Foundation Course

**August 30 - Sept 1, 2010**  
**QSN Facilitator Training: Sept 2, 2010**

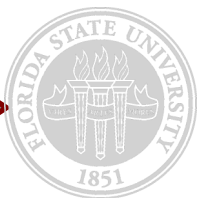
**Hilton Garden Inn-Tallahassee Central**  
**1330 South Blair Stone Road**  
**Tallahassee, FL 32301**

**Reservations: 1-877-782-9444 or Online:**  
**[www.tallahasseecentral.hgi.com](http://www.tallahasseecentral.hgi.com)**

**Special registration rate**  
**\$175.00**

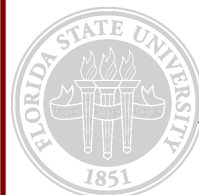
This 3-day course meets the 24-hour National Standards for Tobacco Treatment Specialists (TTS) including the 11 core competencies: tobacco dependence, counseling skills, assessment interviewing, treatment planning, pharmacotherapy, relapse prevention, professional resources, ethics, professional development and much more.

Also being offered is a 4-hour facilitator training session on the Quit Smoking NOW (QSN) curriculum on the 4th day (September 2nd). This session prepares the TTS to offer the six session QSN classes in their communities. This additional session is not mandatory nor is it required for certification.



**Space is limited**  
**Register Today!**

**[www.med.fsu.edu/healthaffairs/ahec](http://www.med.fsu.edu/healthaffairs/ahec)**



**For information please call Susie Lloyd at 386-462-1551 ext 105**  
**or email [slloyd@srahec.org](mailto:slloyd@srahec.org)**

**FSU AHEC Program Presents  
Tobacco Treatment Specialist Training: 3-Day Foundation Course**

Hilton Garden Inn  
1330 Blair Stone Road  
Tallahassee, FL 32301

Reservations: 877-782-9444

Or go to [www.tallahasseecentral.hgi.com](http://www.tallahasseecentral.hgi.com) to reserve rooms as well.

Use the group code FTT.

**2010/2011 Class Schedule – There will be an addition ½ day training on Quit Smoking NOW on the 4th day if you are interested (this is not mandatory for certification, it is being offered for those wanting to offer Quit Smoking NOW classes).**

August 30, 31, September 1, 2010 – a 4 hour additional QSN training on September 2nd

January 24, 25, 26, 2011 – a 4 hour additional QSN training on January 27th

May 23, 24, 25, 2011 – a 4 hour additional QSN training on May 26th

This course meets the National Standards for Tobacco Treatment Specialists (TTS), and includes the mandatory 24 hours of training and the following 11 Core Competencies:

- Tobacco Dependence Knowledge and Education – 2 hours
- Counseling Skills – 5 hours
- Assessment Interview – 3 hours
- Treatment Planning – 2 hours
- Pharmacotherapy – 4 hours
- Relapse Prevention – 2 hours
- Diversity and Specific Health Issues – 2 hours
- Documentation and Evaluation – 1 hour
- Professional Resources – 1 hour
- Law and Ethics – 1 hour
- Professional Development – 1 hour

The training includes the following sessions:

- History of Tobacco
- Clinical Practice Guidelines for Tobacco Use and Dependence
- Understanding Nicotine Addiction and Case Studies
- Understanding Research Literature/Evaluating Clinical Studies
- Understanding Tobacco Dependency
- Law and Ethics of a Tobacco Treatment Specialist
- Pharmacotherapy
- Special Populations
- Treatment Planning and Case Studies
- Stress Management
- Motivational Interviewing
- Secondhand Smoke
- Other Tobacco Products
- Relapse Prevention
- QSN, Quitline and Professional Resources
- Evaluation

The Florida AHEC Network, Florida Department of Health and the Florida Certification Board are working to have a Certified Tobacco Treatment Specialist Certification in Florida within the year. In development meetings with the Florida Certification Board we did negotiate that those who attend this training will be able to use it as their initial training when they apply for certification this year. You will receive a Certificate of Completion for attending this training. If you have questions please call Mary Dailey at 850-645-8584 or e-mail at [mary.dailey@med.fsu.edu](mailto:mary.dailey@med.fsu.edu).